

NOVEMBER GENERAL MEETING

~ AAUW FUNDS ~

Tuesday, November 17

Keynote Speaker ~ Graciela Tiscareño-Sato

Publisher, Speaker, Bilingual STEM Consultant and
1998 Recipient of an AAUW Career Development Grant



This uncompromising woman did it all!

Upon graduating from high school, Graciela, the oldest of five children, saw the Air Force ROTC program as the best option for a young woman from a low-income, immigrant family with little means to pay for higher education. She was able to earn a bachelor's degree from the University of California, Berkeley, and went

on to be commissioned as an Air Force officer, graduating from navigator flight school at the top of her class.

In 1998, with a grant from AAUW to attend Whitworth College in Spokane, Washington, Graciela was able to deftly balanced her active duty as a U.S. Air Force officer with her studies. She would fly by day from an air base in Spokane and then race to classes at Whitworth in the evening, changing out of her flight suit and into civilian clothes at each stoplight!

Graciela Tiscareño-Sato is currently a bilingual, sought-after speaker and Chief Creative Officer of *Gracefully Global Group LLC*, a premiere, award-winning publishing and marketing firm for Latino innovation, entrepreneurship and leadership stories. She's also the bestselling author of a five-time, award-winning book *Latininnovating: Green American Jobs and the Latinos Creating Them*.

This is a morning that will inspire you. Come learn about how AAUW impacts the lives of women throughout the world through educational grants and legal support.

MARKETPLACE

A chance to see handcrafted creations
by some of our members and get
an early start on your holiday gift shopping.
It's all happening on Tuesday, November 17.

There's still time! Contact Kelly Claussen (kwclaussen@aol.com) ASAP if you would like to participate!

DECEMBER HOLIDAY GET-TOGETHERS



TUESDAY,
DECEMBER 8

10-noon

★ MORNING COFFEE

at Kelly Claussen's
Rossmoor Home:
867 Terra California, #1
RSVP to: 378-7102 or
kwclaussen@aol.com

Bring a tasty holiday-themed
dish and the recipe
to share!

TUESDAY,
DECEMBER 15

4-6 pm

★ COCKTAILS, CHEESE
and MUSIC

at Leslie Pfeiffer's
Moraga home:
9 Williams Drive
RSVP to: 376-1946 or
L.pfeifer@comcast.net

Judy Helder will make cheese
fondue and lead us on the
piano in singing holiday songs.
*What can you bring to
share? Surprise us!*

Mark your calendars now
and let us know you're
coming!

WORDS from GAIL ...

The year is speeding past.

The first two programs have been interesting and engaging. We've added 10 new members in the recent few months! October's program was inspirational for me. Those who heard the Honorable Ellen Tauscher describe the chapters of her work life were captivated by the adventure and the intellectual challenge that she sought and found. I am fascinated by the new organization that she and a former colleague have founded to encourage citizen redistricting to replace the gerrymandering that occurs too often across the rest of the nation.

In November, we'll celebrate great work done by our own AAUW Funds, supporting grants and fellowships, once again across the nation. At that meeting, consider bringing your checkbooks because there will likely be some fine creative work at Marketplace (arts and crafts of exquisite quality) that you want to take home or "gift" to others in the coming holiday season.

December holds two at-home celebrations; check the calendar for the dates. I love these coffees and teas that provide a chance to get acquainted with ladies I don't know well and chat with the ladies I know better. We are a wonderful, stimulating assembly of folks.

By the way, if you are looking for more involvement in our local AAUW branch and need some hints on the places where your skills and energy could be invested, feel free to phone or email me – I bet I can help (grin).

All the best, Gail Chesler

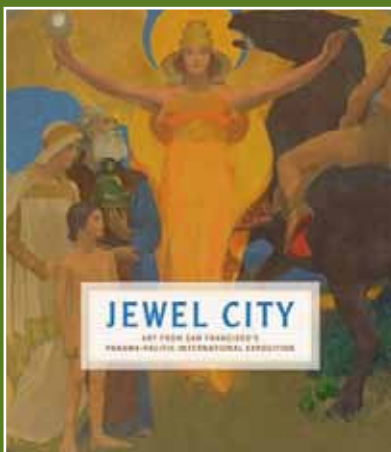
Board Meeting Happenings ~ October 13

AAUW-OML Board met October 13 with all excited to hear former Representative Ellen Tauscher at our upcoming members' meeting.

We are looking forward to November when we will enjoy hearing from Graciela Tiscareño-Sato, a successful recipient of a AAUW National Career Development grant. We will also enjoy Marketplace with handcrafted items created by some of our members.

With the Holidays around the corner, two members will open their homes for us to enjoy informal hospitality in December. Kelly Claussen will share morning coffee with us on Tuesday the 8th and will show us to create our packaging bows. Leslie Pheiffer will greet us for an afternoon "sing-a-long" on Tuesday, December 15.

**Maryellen Judson,
Recording Secretary**

**MUSEUM MAVENS
HEAD to the
DE YOUNG**

FRIDAY, DECEMBER 4

Save the date: The Museum Mavens are planning a trip to the de Young Museum in San Francisco on December 4th.

We will see JEWEL CITY, an exhibition of art from the Panama-Pacific International Exposition of 1915. After the 1906 earthquake and fire, San Franciscans were committed to mounting a celebration of modern achievements in science, technology, industry, education and culture. The Panama Canal had just opened. It was a time to recover and celebrate. Among its more than 200 art works, the exhibit reassembles a significant array of paintings, sculptures, prints, and photographs that were shown here a century ago.

Admission is \$17 for seniors. Some of us with memberships may have guest tickets available to share. We will carpool from Lamorinda, leaving around 8:30AM with exact times and locations to be determined later. Plan to stay for lunch at the Museum's Restaurant.

If you are interested, RSVP to:
• Maryellen Judson thjudson@aol.com
• Elaine Gallaher eegal@pacbell.net.

FOCUS ON ... AAUW FUNDS

AAUW's 2015-16 Fellows and Grantees Will Change the World: AAUW Empowering Women Since 1881



One of the largest sources of funding for graduate women, AAUW is providing more than \$3.7 million in funding for more than 241 fellowships and grants to outstanding women in the 2015-16 academic year. Due to the longstanding, generous contributions of AAUW members, a broader community of women continues to gain access to education and economic opportunities – breaking through barriers so that all women have a fair chance.

Fellowship and grant recipients perform research in a wide range of disciplines and work to improve their schools and communities. Their intellect, dedication, imagination and effort promise to forge new paths in scholarship, improve the quality of life for all, and tackle the education and social barriers facing women worldwide. AAUW launched its fellowships and grants program in 1888 to encourage women to seek advanced education. At a time when women were restricted access to higher education, AAUW fellowships and grants were instrumental in breaking barriers for women. Yet today women still face significant barriers in access to higher education. That's why AAUW fellows and grantees may use their funding to pay for necessities like child care, transportation, books and tuition. This flexibility plays a significant role in a woman's success in completing graduate programs. Your donations may be made to support these individual funds:

★ **Legal Advocacy Fund:**

Works to challenge sex discrimination in higher education and the work place

★ **Educational Opportunities Fund:**

Supports educational and lifelong learning opportunities

★ **Leadership Programs Fund:**

Develops women's potential to lead in their schools, communities and country

★ **Eleanor Roosevelt Fund:**

Groundbreaking research on issues related to gender equity in education and the workplace

★ **Public Policy Fund:**

Advocacy for public policies and laws that are fair to women.

To read about this year's exceptional class of awardees, visit the AAUW online directory on the AAUW national web site.

Send your **donations** to **Jennifer Offringa, AAUW Funds Treasurer.**

PUBLIC POLICY *Become a Two-Minute Activist!*

At the October meeting, we learned how to sign up to become a **“Two-Minute Activist”**. Here is a summary of the instructions:

- Go to AAUW National Website
- Click on *“What We Do”* at top of screen
- Select *“Public Policy”* on left side of screen
- Scroll down to select *“Become a Two-minute Activist”*
- Insert your email address and click on *“Sign Up”*
- Complete the on-line form and *“Submit”*

That's it! You will then receive a periodic email from AAUW Action Network with a link to a public policy issue that meets the priorities of AAUW, asking you to send a letter, already drafted for you, to your Senators or Congressperson. Click on the link, which usually is asking the legislator to support or oppose a piece of legislation that impacts our public policy goals. You can revise the letter, or send it as is (which is what I usually do), and click “send”. It really does take only 2 minutes.

A few examples of recent actions are asking us to send letters to Congress urging them to pass a funding bill and not shut down the government; asking senators to call on Majority Leader McConnell to schedule “up or down” votes on judicial nominees; and the recent action item - to urge our representative “to protect public school funds by opposing H.R. 10,” which is a voucher program to divert public education funds to pay tuition at private and religious schools in Washington D.C.

Denise Burian
Public Policy Co-chair

MEMBERSHIP MEMOS

Welcome to Our Newest Members

Our branch would like to welcome some new and returning members. Reading over the interest/bio forms always amazes me at what a talented group we are.

Joining recently is **Sara Lautenbach** who graduated from Drexel University with a major in operations research. Sara, who is retired but does consulting work in HR and marketing, lives in Walnut Creek with her spouse, Eric.

Jill West graduated from the University of Arizona with a degree in nutritional science. She is currently self-employed as a registered dietitian and nutritional consultant. Jill lives in Moraga with her spouse, Dan. *Note to program staff:* She has graciously offered to speak at a meeting sometime on the issue of nutritional health for women.

Joanne Killam, who lives in Orinda, joined OML last spring. She has a degree in sociology from Tulsa University and is a retired piano teacher.

Val Davidson joined at the October meeting. She lives in Lafayette with her spouse, Rob. She graduated from College of Holy Names and Cal State Northridge with degrees in speech pathology and communication disorders. She is a retired speech pathologist. Another new member is **Anne Tompkins** who lives in Walnut Creek and is a graduate of UC Berkeley and Golden State University.

Marjorie Singler is a returning OML member who has been a member of Alamo-Walnut Creek for several years. She lives in Lafayette. She graduated from the University of Kentucky and Cal State Hayward with degrees in zoology and biology. She is self-employed as an acupuncturist and herbalist. She is interested in starting a gourmet vegetarian cooking group. Also returning to membership are former members **Margaret DePriester** and **Fran Rathjen**

Welcome back!

Going Dotty...

If you attend a meeting and see someone wearing a polka dot nametag, please go up and introduce yourself. All new members this year have polka dots on their nametags so there is no excuse not to acknowledge someone new and make them feel welcome.

Journalist/Artist Sought For Membership Post

Membership is still looking for someone to take over the job of updating the new member poster. It involves taking a photo of new members and writing up a short bio. This can be done at home in the evening, so not too much responsibility. We have the physical poster for updating, and delivery and pick-up from your home is available. Let one of your membership co-chairs know if you are willing to do it.

Alison Mackenzie and Mary Levey
Membership Co-Chairs

SCHOLARSHIP NEWS



Much has been written and discussed of late regarding the role standardized tests play in the college admissions process. In an effort to gain back market share from the increasingly popular ACT, the College board is releasing their much anticipated Redesigned SAT in the Spring of 2016.

With this in mind, on September 26th, the Scholarship Committee partnered with Kaplan Test Prep to offer local high school students a Practice New PSAT two weeks prior to the actual PSAT. The redesign affects the way the test is structured, administered, timed and scored. Our Practice PSAT enabled students to experience the full-length timing and structure of the new PSAT, receive comprehensive analysis of their strengths and weaknesses on the test, and know exactly what to expect on Test Day.

78 blurry eyed students arrived early that Saturday morning, filling 4 classrooms at Miramonte High School. Snacks were provided by AAUW and \$2,500.00 were raised that will directly benefit several young women in the class of 2016.

Special Thanks to **Lisa Geary** who organized this project and **Janet Thibault** who helped Lisa register the students.

The Scholarship Committee

OCTOBER MEETING HIGHLIGHTS ~ A MORNING WITH ELLEN TAUSCHER

OML members and guests were treated to personal stories, anecdotes and insights from former Congresswoman Ellen Tauscher at the October 20th monthly meeting. Ellen entertained the audience with a chronicling of her first job at an investment firm and her subsequent promotion to a seat on the New York Stock Exchange. She detailed the behind-the-scenes conversations and maneuverings that led to her seeking and WINNING the race to represent the 10th Congressional District in 1996.



As our Representative, Ellen held fast to the three Cs: the Constitution, her conscience and her constituents. As a personal friend to Hillary Clinton, Ellen encouraged her to take the position of Secretary of State under President Obama, reasoning that it would demonstrate to the world that the US is indeed a democracy. Elections can be put in the rearview mirror when they are over and people work together to accomplish shared goals. Clinton and Obama then tapped Ellen as Undersecretary of State for Arms Control and International Security. Ellen shared stories of long nights and weeks in negotiation with the Russians for the NEW START treaty.

Though cancer of the esophagus sidelined Ellen as she battled through chemo and radiation treatments, she is now 5 years removed from her cancer. A number of Board positions have focused her energies in recent years. She is passionate about her work to accomplish national non-partisan redistricting, a feat she feels must be accomplished in an effort to return more moderates to Congress....and to get Congress back to work.

Tauscher is intelligent, articulate, funny, reasonable and entertaining. The word most often repeated to me to describe the morning was, "Amazing!" Ellen shared with me that, "I thoroughly enjoyed myself and believe me....being with these wonderful, engaged and oh, so smart AAUW friends and former constituents made me wistful for my time representing them in Congress. But, forward we all go."

I encourage you to Google: *You Draw the Lines 2021* It further outlines the reasoning behind the very common sense approach to taking back our government and removing the obstructionists from Congress. I have asked Ellen and her assistant in Washington to let me know if there are things we can do as individuals or as an AAUW group to nudge this process along.

Jan Coe, Public Policy Co-chair



Above: Ellen is joined by (l to r) Denise Burian, Jan Coe and Gail Chesler Photo at right: Members discuss choices for a future women on the \$10 bill



WHICH WOMAN SHOULD BE ON THE \$10 BILL?



As a table activity at our October meeting, we looked at coming to some consensus about which woman should be on the new \$10 bill. Famous and not-so-famous women are on the list of 18 possibilities (see below). Spirited discussions ensued about which woman was the most worthy.... and even if there should be a new \$10 bill with a woman on it. What is your vote??

- Harriet Tubman *+
Eleanor Roosevelt*+
Susan B Anthony*
Azie Taylor Morton*
Jane Addams
Amelia Earhart
Abigail Adams
Elizabeth Peratrovich*
Sojourner Truth
Rosa Banks*+
Wilma Mankiller+
Barbara McClintock*
Dolley Madison
Madam C.J. Walker
Mary Church Terrell*
Margaret Sanger
Clara Barton*
Elisabeth Cady Stanton*

*Top vote getters in AAUW poll
+Top vote getters in Woman on 20's poll

SISTER-to-SISTER

Winner of AAUW-OML's Trifecta* Returns to San Francisco Bay Area

Recently I had a wonderful opportunity to catch up with one of AAUW-OML's stars as she was between college graduation and beginning work. Many of you will remember **Helen Wang**, who graduated Acalanes HS in 2010. She went to Yale where she majored in English and has just returned to the Bay Area. She participated in Sister-to-Sister for all four years as well as receiving one of the branch scholarships and being selected for Tech Trek in 2005.



So many girls benefit from AAUW's programs, but it is rare to have one girl who stands out (and stays in touch) over many years. After attending Tech Trek, Helen joined S2S as a way to give back to AAUW and thank us for what we had done for her. Her conscientious attention to each task contributed so much to our program, and she thanks us at S2S for "making her a better person". I know you all join me in wishing her the best as she begins her career as a business analyst with McKinsey, a management consulting firm, in San Francisco. And yes, she plans to join AAUW as soon as she gets settled.

Valarie Burgess
Sister-to-Sister Co-Chair

* Sister-to-Sister Facilitator;
Tech Trek Attendee;
Scholarship Awardee

Another Milestone: Sister-to-Sister is proud to announce its first Marine!

Alex Faulkner, a 2015 graduate of Las Lomas and former high school S2S facilitator, just completed her basic training in logistics at Camp Geiger in North Carolina and is now officially a Marine.



This photo was taken at a recent High School training Session

Recruitment and selection of 2016 high school girl facilitators is complete. We have a wonderful, enthusiastic group of 33 facilitators: eight returning and 25 new. The breakdown of where the facilitators attend high school is as follows:

- 7 – Acalanes
- 6 – Campolindo
- 1 – Carondelet
- 1 – Concord High
- 6 – Las Lomas
- 11 – Miramonte
- 1 – Piedmont High

Our first Facilitator Training Session was held on Oct. 4 in the Garden Room of the Orinda Library. The High School girls comprise an interesting group with diverse backgrounds including survivors and superstars — more about this in later Triad issues.

In addition to the usual facilitation skills, the Sister-to-Sister program this year is focusing on self-defeating language, in which we try to identify personal strengths and accept constructive criticism. The team will also incorporate issues that affect girls, including body image, dating violence and pressures to be perfect.

The Sister-to-Sister Team is in the process of preparing recruitment materials for the middle school girls. These will be distributed in December. The Super Sunday Seminars will begin at the end of January and meet once a month January, February and March.

Please contact **Lynda Leonard** (lyndae-leonard@gmail.com) or **Patty Proctor** (patricia_proctor@yahoo.com) if you would be willing to provide homemade treats for one of our sessions.

Tech Trek Thanks You!!

Thank you to everyone who bought Walnut Creek Restaurant Walk tickets last month! We made \$468 to help send a middle school girl to Tech Trek Camp Hopper at Stanford. And we enjoyed a wonderful evening with our fellow branch members and friends strolling the streets of Walnut Creek and sampling a wide variety of great food. *Thank you again for your support!*

Jan Cushman and Sandy Fox-Sohner

Patty Proctor,
S2S Team Member

2015-16 ADVERTISING CAMPAIGN A BIG SUCCESS!

Wow! This was a fast and very successful Ad Campaign! We more than met goal! Blessed to live in an area that listens and values the mission of AAUW, we (11 team members) walk into community businesses selling ads, while expanding the knowledge of the OML projects and programs to benefit women and girls. With great appreciation, we thank all the 2015-16 ad team and advertisers.

The 2015-16 OML Member Directory is published and distributed. This year we have six new advertiser: **Bay Alarm Company, Laurie Muggee Fitness, Massage Envy, La Piazza, Orinda Books, and Shelby’s Restaurant.** Eight members purchased ads and were highlighted with a slide presentation of their ads at the October general meeting. And last but not least, we thank our many renewing advertisers. You will see their graphic ads beautifully presented by Design Editor, **Mary Leigh Miller**, throughout the new directory and on the refreshed web page.

For all this, your support is essential. As you visit and do business with our community “friends”, please continue to express appreciation for their support and help with the AAUW mission. At the November 17th meeting, please take home one or two of the updated handy phone cards providing “advertising face”. Keep one in your car.

Please extend a special thank you to Editor Mary Leigh Miller for the OML Member Directory and TRIAD Newsletter, and to **Jeanne Melaugh** and new web master **Bonnie Gallogly**, who update the advertising information on the OML Website.

We are all one TEAM making the future possible.

Pat Lopker, Advertising Sales Coordinator

2015-16 AAUW OML SPONSORS/ ADVERTISERS
*AAUW members

LAFAYETTE

- Asian Accents – Original Designs in Jewelry by K. de Groot*
- Creative Alterations – Josef Jamkochain
- DIABLO FOODS
- Indigo & Poppy – Fine California Living
- Matthew McLeod, Realtor – Dudum Real Estate Group
- Open Sesame Natural Foods
- P & L Framing
- Persons Plastic & Reconstructive Surgery – Barbara Persons, MD FACS
- Ware Designs – Fine Jewelry

MORAGA

- AAAAA Rent-A-Space
- Goodwill Industries of the Greater East Bay
- King Florist & Gifts
- Massage Envy
- National Assoc. for Advancement of Female People – Diane Bell-Rettger*
- Neighborhood Computers
- New Delhi Bistro
- Royal Siam Thai Cuisine
- ShopMORAGAFirst.com – Moraga Chamber
- Terzetto Cuisine Café
- ViaVienté – Lana Reichick*

ORINDA

- Joan Evans* & Angie Evans Traxinger, Village Associates Real Estate
- La Piazza Pizzeria Trattoria
- Orinda Books
- Piccolo Napoli
- Redwood Cottage
- Sea Ranch Vacation Rental – Elaine Gallaher*
- Shelby’s Restaurant
- Soraya Golesorkhi*, Realtor – Coldwell Banker

WALNUT CREEK & Beyond

- Bay Alarm Company
- Hearing Science of Walnut Creek
- Herbs & Spices Catering, Alameda
- Laurie Muggee Fitness
- Maxine Christison Interior Design – Maxine Christison*

Please refer to your current membership directory for complete advertising information.

Shred.
 SHRED PAPERS on SITE!
 @ 5A Rent-A-Space • 455 Moraga Rd.
 Rain or Shine • Just \$7 per file box
 9:00 am • 1:00 pm • Keep your file boxes



3rd ANNUAL TECH TREK SHRED-FEST: MAY 21, 2016

Save the Date:

Mark your calendar to securely shred personal papers ON SITE, Saturday, May 21, 2016, 9:00 AM--1:00 PM. Just \$7 per file box. You keep your boxes.

Tech Trek volunteers will unload your boxes and return them empty to your car. Shred•Defense provides HIPAA-compliant, pulverized shredding. Signed Certificates of Destruction available on request. Save the date and plan to safely shred documents.

NOVEMBER AT A GLANCE

- 1 SUN – CRITICS CHOICE BOOK GROUP
Pick up your book for October at Mary Smith’s home
1096 Sanders Drive, Moraga

- 2, 5, 9, 12, 16, 19, 23, 26, 30 – MON & THURS – TENNIS
8:15-10 am – Contact Tory Courtney, 376-1295

- 3 TUES – BRIDGE GROUP
12 noon – Joyce Dickey 825-7991

- 7 SAT – INTERNATIONAL TRAVEL GROUP
6:30 pm – Host: Elaine Gallaher
Contact Ksenija Soster-Olmer for more info

- 9, 23 MON – GOLF
Contact Jan Gee for t-time and venue, 938-1316

- 10 TUES – BOARD MEETING
1 pm – Home of Jan Coe, 301 Overhill Rd., Orinda

- 17 TUES – GENERAL MEETING
9 am – Holy Trinity Cultural Center
AAUW FUNDS Program & MARKETPLACE
Keynote Speaker: Graciela Tiscareno-Sato

- 18 WED – MEMOIRS & MUSINGS
Contact Carol Messinger 283-8741

- 20 FRI – ANYONE WHO HAS READ THE BOOK
On Saudi Arabia: Its People, Past, Religion, Fault Lines and Future by Karen Elliot House
10 am – Orinda Book Store, Contact Susan Wilson, 376-0606

- 20 FRI – LET’S GO TO THE MOVIES
Contact Mary Leigh Miller, 631-9694

AAUW-OML
Database Coord.
3537 Springhill Rd
Lafayette, CA 94549

- 24 TUE – DECEMBER TRIAD DEADLINE
Send articles to Mary Leigh Miller; mlmiller602@gmail.com

- 30 MON – BIKE GROUP
Contact Ellen Beans, ellen.beans@gmail.com

DECEMBER

Look for more listings in the DecemberTriad

- 4 FRI– MUSEUM MAVENS TRIP
to De Young Museum (*Read more on page 2*)
For info, contact Maryellen Judson, 283-2387

- 8 TUES – BOARD MEETING
1 pm – Location TBA

- 8 TUES – HOLIDAY PARTY
10 am-noon – Home of Kelly Claussen

- 15 TUES – HOLIDAY PARTY
4-6 pm – Home of Leslie Pfeifer



THE TRIAD Staff

<p>Editor Mary Leigh Miller, 631-9694 email: mlmiller602@gmail.com</p>	<p>Proof Reader Jeanne Melaugh, 954-1007 email: jmelaugh@comcast.net</p>
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EXECUTIVE COMMITTEE 2015-2016

<p>President Gail Chesler</p> <p>President-Elect Laura Wittenberg</p> <p>Vice-President, Membership Alison McKenzie, Mary Levey</p> <p>Vice-Presidents, Program Diane Bell-Rettger, Judy Helder</p>	<p>Vice-Presidents, AAUW Funds Leslie Pfeiffer, Kelly Claussen</p> <p>Vice-President, Finance Therese Tamaro</p> <p>Recording Secretary Maryellen Judson</p>
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AAUW Association Website: <http://www.oml-ca.aauw.net>
 California AAUW Website: www.aauw-ca.org

IMPORTANT NOTICE TO ALL
SPECIAL INTEREST
COORDINATORS

If your group decides to meet on a different day or time than normal or if you are no longer meeting, please contact our Calendar Coordinator, BONNIE GALLOGLY, so she can update the website calendar.