



# SHOWCASE

NEW PLACE!

TUESDAY

NEW TIME!

SEPTEMBER 20

CELEBRATING  
US!

Honoring **60** Years of AAUW  
in Orinda, Moraga & Lafayette!

with special guest (and OML member)  
**Nutritionist, JILL WEST**

speaking on  
"SIX BEST FOODS  
FOR WOMEN  
OVER SIXTY"  
and other tips for  
a healthier you  
NO MATTER  
WHAT YOUR AGE.



**plus** Get up-to-date information on all your  
favorite Special Interest Groups and Branch Priorities

## ~ INSIDE THIS ISSUE ~

- A New Way of Connecting! "COFFEE ON US"  
Read all about it on page 3  
PLUS ...
- Burckhalter News – page 4
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- Put the "WOW" back into your life! – page 8

## OML has MOVED!

Our branch monthly meetings  
are now being held at the

**ORINDA COMMUNITY  
CHURCH  
FELLOWSHIP HALL**  
10 Irwin Way, Orinda

**and at a NEW TIME:**  
9:30 ~ Social time  
10-12 ~ Meeting & Program

Tuesday, October 18

**PUBLIC POLICY**

presents ...

**DOES YOUR 'YES'  
MEAN 'NO'?**

At the October General Meeting, two representatives from *The League of Women Voters* will present a non-partisan description of the seventeen ballot measures on the November ballot. We will be educated about who wrote each initiative, who supports and opposes it, and the pros and cons.

They will provide a short written description of each measure that our members can take with them. A short sample ballot will also be provided so that members can keep track of how they intend to vote after hearing the League's presentation.

AAUW has evaluated the measures related to its priorities and mission and has taken a position on five of them.

Turn to page 3 for more from  
OML's Public Policy Chairs.

## ... From LAURA'S DESK



I was reviewing the OML Branch Statements in the beginning of our Directory and then reading our Bylaws in preparation for the coming year as president of the branch. I was reminded of why I was attracted to AAUW-OML. Attending the State and National Conventions over the last 18 months I was impressed by the work and in awe of the women in the AAUW organization and their commitment to the mission of AAUW.

The American Association of University Women mission strives to advance equity for all women and girls through advocacy, education, philanthropy and research.

I personally experienced discrimination in the workplace. I was a woman and a single mother, which equated to significantly less pay and more work to achieve promotions. It included harassment and abuse of power. When I "retired" I wanted to have a purposeful retirement and help make things different for my granddaughters. I wanted them to have an opportunity to achieve their dreams free of discrimination and harassment in the work place. I also had a heart for those struggling in school due to learning differences and economic limitations. At age 63, I went to graduate school and, at age 67, became a licensed therapist working with children and families to empower them to believe in themselves and achieve their dreams.

I became aware of AAUW through Sister-to-Sister, knowing that I had found an organization whose mission aligned with my personal vision of what I wanted for my granddaughters. I wanted to commit my time and resources so that all women and girls have a fair chance and more.

*How do we do that through AAUW-OML? By actively participating in our branch activities, supporting the Branch Priorities and the sharing of our skills and talents along with our financial support.* Active participation comes in many different forms. **We do not all have to be on the board to play a vital part in the success of our community.** Participation includes helping with mailings, editing the newsletter, selling raffle tickets, contacting members to bring some snacks for a meeting, and setting up or cleaning up after a meeting. It also involves coming to the meetings, joining interests groups and, hopefully, coming to *Cocktails and Conversations* or a new social gathering, *Coffee On Us* – just to name a few ways we can be active.

**Participation at any level is so important to the vitality of the group.** Showing your support through financial giving to our projects and programs is also part of active participation. Your monetary support of National Programs such as AAUW Funds, Legal Advocacy Fund, Leadership Funds and Public Policy, enables the National Association to support the important research they have done and advocate for the change that moves us closer to accomplishing equity. *It would be awesome to have 100% participation by our branch membership in support of this valuable resource for the work that is being done at the National level to advance the cause.*

As a member of AAUW-OML you are vitally important to the well being of our organization. I would like to get to know you, as I have others in our organization through working and playing together. I invite everyone to join in and have fun while we continue to make a difference in our community.

**Your President,  
Laura Wittenberg**

## August Board Meeting HIGHLIGHTS

The AAUW-OML Board met at Orinda Community Church, called to order by President **Laura Wittenberg**.

The Tech Trek Camp at Stanford University was a big success. The three local leaders, **Christine Walwyn, Gail Chesler** and **Jan Cushman** were impressed with the activities and the enthusiasm of the girls. The *Taste of Walnut Creek Restaurant Walk* and fundraiser for Tech Trek will take place October 18<sup>th</sup> Tuesday. \$30.00/book.

Scholarship will announce the winner of its "Lunch in the Vineyard" soon. Luncheon will take place in the Vineyard of **Mary Leigh Miller**. We thank all of you who participated!

STEM-EYH is anticipating its second Conference with workshops and program at St. Mary's College March 18, 2017. There was great interest and participation in the first Conference and the 2017 STEM Conference will be open to an additional 25 middle school girls.

Public Policy interests will be attending the California Senate as they witness action on the Assembly bill #155 guaranteeing equal pay. Saturday August 23. We, the voters of California, will face 17 propositions on the November ballot. Be sure to come to OML's October 18 Public Policy Meeting at Orinda Community Church to develop a better understanding of the pros and cons.

The September 20 General Meeting will feature Showcase at our new location, Orinda Community Church, 10 Irwin Way, Orinda. Branch Priorities will present a quick plan for the coming year. Interest Groups will tell us of their exciting activities. Special speaker **Jill West** will suggest "Six Best Foods for Women" to start our season with good health.

**Maryellen Judson, Secretary**

## FOCUS ON ... MEMBERSHIP

### New Members

We welcomed two new members in August. **Linda Bochte** lives in Lafayette and is a retired elementary school library specialist. We hope to have her expertise in the library at Burckhalter School! **Mary Mlynek** also lives in Lafayette. She is currently teaching adult classes in English As a Second Language (ESL). We look forward to getting to know both of you in the coming months.

### Getting to Know People

Whether you are a long-time member or new to the group, we all know that members feel more a part of the branch when they get to know other people. We are really a great group of interesting and accomplished women. Sometimes it is hard to meet new people at meetings due to the size of the group. Or maybe you are working and are not able to attend the Tuesday meetings. This year we are going to have monthly social get-togethers to help us all become better acquainted. We are going to alternate between *Cocktails and Conversation* from 5 to 7 pm and morning coffees at various local coffee spots. The coffees will be known as *Coffee On Us* as the branch will pick up the cost of a coffee for everyone attending. Can't pass up that offer. Please plan to join us.

**If you missed *Cocktails and Conversation* at Piccolo Napoli on Thursday, August 25, you can join us for a brand new gathering: *Coffee On Us* on Saturday, September 24, from 9:30-10:30 am at the Coffee Shop – 50 Lafayette Circle in Lafayette. Yes!** You read that right – your beverage of choice will be picked up by the branch! All members are welcome. Hope to see you there!

### Dues Are Overdue

We are still chasing down the dues procrastinators. Now is the time to get your dues payment in if you want to be included in the fall directory. Anyone who has not paid by October 1, will be dropped from the directory. It is easier than ever to pay as you can pay on-line with a credit card. Just call or e-mail Gail Chesler and she will send you a link. If you need a dues form mailed to you, just let Alison know.

**Alison Mackenzie & Mary Levey, Membership VPs**

## MEET JILL WEST @ SHOWCASE

Nutrition expert and new OML member, Jill West will be helping us as we celebrate 60 years of service to the Lamorinda community.

A registered dietician and nutrition expert, Jill is a member of the Academy of Nutrition and Dietetics and the California Dietetic Association. Prior to starting her private practice, she worked in clinics in several major hospitals, including University of California-San Francisco Medical Center, Joslin Diabetes Center, and University of California-Davis Medical Center. Jill is a certified health coach, a columnist for Bay Area Parent magazine and a blog contributor at Famtivity.com.

Don't miss this chance to learn the fiction and fact behind the foods we eat, and get a healthy start to a fabulous active year with OML.

**Remember, all our General Meetings are open to the public.**

## PUBLIC POLICY

I have recently been flooded with emails from AAUW and I don't always have time to read through them. However, I made time for everything in my inbox this week and was once again impressed with everything AAUW presents to its members. We are a part of an amazing organization that dedicates its resources to issues that are important to women. I offer some of 'my' highlights, below....



We know that when women vote, we change the conversation. Politicians and policy makers routinely make decisions on issues that directly affect women and families, but these conversations often lack women's voices. To create real change, women must be part of the conversation and the most powerful place for us to chime in is at the polls. ***When women vote, they determine election results, and then policies can change.***

### AAUW has set out some priorities....

- Make sure that you are registered to vote – and talk up voter registration whenever you have the opportunity.
- Have voter registration forms with you. Be informed/educated about issues on the ballot and about candidates
- Vote! Absentee or at the polls on election day, November 8th.

AAUW has some fabulous resources on its national and state websites. Take advantage of the wealth of information that is offered to you. AAUW has prepared some non-partisan guidelines that may assist you with deciding how you will vote. Please access the ***AAUW Action Fund*** to see a comparison of candidates/how they stand on issues relevant to women – national and state by state.

**We are at a crossroads. You must be a part of the conversation!**

**Jan Coe & Laura Monin  
Co-Chairs, Public Policy**



## BURCKHALTER SCHOOL PROJECT

### **Volunteers DO make a Difference!**

“I am impressed and delighted with our students’ improvement in reading & math scores,” beamed Mrs. Geathers, the principal of Burckhalter Elementary School, as she talked to our branch members at the Distinguished Women Awards Luncheon in May. “Many students respond to one-on-one tutoring, and the all-volunteer library provides many resources for our students that they would not otherwise enjoy,” she continued. Her enthusiasm and appreciation for our all OML volunteers, their dedication and their contribution, were evident in all she said.

If **YOU** have been looking for a volunteer opportunity, now is the time to talk to us about the rewards of working at this wonderful, but underserved school, conveniently located in East Oakland, just one block off of Highway 13. You will be warmly welcomed by the teachers & the students!

OML’s Burckhalter Project has been a Branch Priority since 1993. Yes – this will be our 24<sup>th</sup> year to provide volunteers in the classrooms and the library. Our volunteers typically commit to one day a week, or half a day. Our tutors are matched with a teacher and grade level, and then a schedule is worked out that is convenient for all.

The library will be open three days a week this year: Monday, Wednesday and Thursday. This is a very enthusiastic, creative and congenial group and they will be happy to welcome some new helpers for the 2016-17 year.

Returning to tutor for her 23<sup>rd</sup> year, **K. de Groot** writes, “. . . it’s ‘my kids’ and their affectionate and positive responses that keep pulling me back. When they succeed and feel good about themselves . . . I’m on a high!”

**Carrol Foxall, Jan Coe, Therese Tamaro** and our newest tutor, **Sheila Apte** are all looking forward to an exciting new year with our delightful Burckhalter students. The library volunteers have completed many tasks during the summer and are now readying the library and preparing their program to begin welcoming classes on September 7.

Please let us know if you would like more information about our **Burckhalter Project**, and we hope you will all drop by our table at *Showcase*.



**Carol Messinger & Pat Beckner, Co-Chairs, OML Burckhalter Project**

*Jan Coe with some of her “kids”*

Learn more about it at **SHOWCASE!**

## NEWS from the PROGRAM COMMITTEE

### **COMING ATTRACTIONS**

Mark your calendars for the third Tuesday of the month. We have exciting programs being planned for the year, and you won’t want to miss a one.

**October is our Election Special** – “Does Your Yes Mean No?” – California Ballot Measures. The non-partisan League of Women Voters will lead us through a confusing bevy of issues on the November ballot.

**November is AAUW Funds Month.** We will be focusing on California’s educational issues, and will present information on how your fund dollars impact opportunities for women and girls. This is also **Marketplace Month**, time to do some serious holiday shopping.

**No Tuesday meeting in December**, but we will be celebrating the holidays with food, drink and fun at the homes of members. Watch for details.

The New Year will bring special programs still in the planning stage, but you may see a famous author and there will be an International Program to entertain and enlighten.

You know about Tech Trek. We now want our members to have the same hands-on experience as our Tech Trek Scholars. Maybe you will build a bridge, learn about coding, or race a mousetrap car. This is going to be a fun interactive experience.

And of course there will be the usual delicious morning snacks from our generous members and Hospitality Committee. Most important of all, there will be lots of opportunity for conversation with some of the brightest, most accomplished women you will find anywhere.

**Pat Beckner, Co-VP, Program**

**Bring your checkbook to Showcase!**  
**ANNUAL RESTAURANT WALK**  
**FUNDRAISER for TECH TREK**  
*Help Send Our Girls to Camp*

**"A Taste of Walnut Creek 2016"**

19th Annual Restaurant Walk

**TUESDAY, OCTOBER 18, 2016**

**6:00 to 9:00 p.m.**

*Proceeds benefit OML's TECH TREK Summer Camp Scholarships*

- Join your family & friends for a delightful evening tasting food in Downtown Walnut Creek.
- Participating merchants will have samples of their signature food and/or beverages set up at special stations just outside their restaurants.
- All ticket books also include a tear-out raffle form – your opportunity to win a prize.

***Ticket Books will be available for purchase at SHOWCASE at \$30 each (\$13 is a tax deductible donation)***

OR ... you can also send a check **by October 10** to:  
**Jan Cushman, 143 Meadow View Road, Orinda, CA 94563**

For more info: 925-253-1958 or jancushman@comcast.net  
 Make checks out to: **AAUW OML Community Outreach Fund, Inc.**

***Thank you for your support!!***

**NEEDED! A Hospitality Coordinator**

One of the reasons we all love to attend the General Meetings each month is the opportunity to connect with our OML friends over a cup of coffee and some delicious treats. This benefit doesn't happen by itself.

**Duties of the Hospitality Coordinator:** Work with Program VPs to provide hospitality services (refreshments, decorations, greetings) for monthly meetings by referring to a list of members who have volunteered to bring refreshments. The coordinator needs to contact these folks to find a few people to do this each month. There is a Hospitality Committee currently in place that is available to arrive early for setup and staff the refreshment tables, and to greet members. Anyone willing to take on coordinating everything will have lots of help and support.

**Please contact: Pat Beckner, Co-VP for Programs**  
**patbeckner@yahoo.com; 925-935-3688**

**SCHOLARSHIP NEWS**

Thank you to all members of our branch who sold or bought tickets to the Lunch in the Vineyard and supported our scholarship efforts.

On Saturday, August 20 the winning raffle ticket for LUNCH in the VINEYARD was drawn. The lucky winner was none other than one of our OML members – *Diane Bell-Rettger*.



*Members of the Scholarship committee get ready to draw the winning ticket.*

Diane and her friends will be enjoying the following menu, prepared and served by the Scholarship Committee:

- Melon champagne cup
- Slow baked salmon with lemon and thyme
- Fine noodle bake
- Honey roasted butternut squash with cranberries
- Greek salad
- Irish Soda bread
- Coffee-Toffee torte



EYH-STEM CONFERENCE ~ MARCH, 2017

**Preparing for the Second STEM Conference**

**Dr. Kristen Beck** had to reschedule our Google Drive Training. We are meeting her at Galileo Hall, SMC, at 10:30 am, Thursday, Sept 8. Board and STEM committee members are invited. How fitting that our STEM project is not only enhancing the experiences of our middle school age girls, but also providing education for our members. There will be a short STEM committee



*Stacia, on right, with daughter Julie, who volunteered as First Aid provider at last year's conference.*

meeting following the training, and then the next meeting will be on Sept 22 at 9 am at Stacia's home in Lafayette.

**Sara Lautenbach** and **Christine Walwyn** are hard at work organizing and recruiting workshop presenters for our March 18, 2017, EYH-STEM Conference at Saint Mary's College. We will need additional presenters to accommodate at least 150 girls this year. Last year we hosted 120 girls.

Another change, our 2017 Conference is moving from the Soda Center to Dryden Hall. SMC will be in session, not on spring break, so our girls will have lunch in Oliver Hall, the campus cafeteria, and experience real campus life. Fundraising is key to our project. Last year, we were able to fund the event without tapping into our AAUW treasury. Thanks to the generosity of **Chevron, SMC Science Department, the Lamorinda Sunrise Rotary, Geoff Cable, Destination Wealth Management, Moraga Starbucks, Diablo Foods,** and **several OML members,** we were in the black! Since the event, two of our presenters from Chevron donated monies for this year. We are accepting all donations and IDEAS for raising additional funds. If you would like to help, please contact us.

One of the most exciting aspects of 2017's Conference is our plan to incorporate concepts from the Sister-to-Sister project. Together, our Tech Trek girls and the S2S girls will enrich our program for the benefit of our sixth through eighth grade participants. This is an exciting time for all of us. If you would like to contribute in any way to our project, please contact us.

Learn more about it at **SHOWCASE!**

**Heidi Mayer, Co-chair;**  
[himayer@aol.com](mailto:himayer@aol.com)  
**Stacia Cragholm, Co-chair;**  
[staciawater@hotmail.com](mailto:staciawater@hotmail.com);  
 925-989-6226

**More About *Expanding Your Horizons* (EYH)**

The EYH Network is a membership organization of STEM professionals, educators, parents, community leaders, and government and corporate representatives. Financial support comes from membership dues and from donations and grants made by corporations, foundations and government agencies. Currently, EYH conferences for girls are held in 31 states and in Europe and Asia.

**The EYH Mission:** Inspiring girls to recognize their potential and pursue opportunities in science, technology, engineering and mathematics. Through Expanding Your Horizon (EYH) Network programs, we provide STEM role models and hands-on activities for middle and high school girls. Our ultimate goal is to motivate girls to become innovative and creative thinkers ready to meet 21st century challenges.

The EYH Network's programs are based on the following assumptions:

1. In order to increase the participation of women in STEM careers, there must be an increase in the pool of qualified women.
2. Intervention strategies can increase the participation of girls in STEM by nurturing their enjoyment and confidence in these fields, by providing STEM career role models, by connecting math and science courses to career opportunities, and by actively encouraging girls to persevere in math and science coursework and other STEM activities.
3. Many of the most effective interventions begin when girls are in middle school.

The EYH Network began in 1974 as the Math/Science Network, an informal group of women scientists and educators in the San Francisco Bay Area who were concerned about low female participation in math courses. On a volunteer basis, members of the group began planning coordinated efforts to strengthen their individual programs and to offer mutual support.

*Information taken off the EYH Website*





## AD SALES UPDATE

**Kudos to OML Editors and Advertising Team**

OML kudos for excellence with ongoing branch publications go to:

- **Mary Leigh Miller**, OML Editor of The TRIAD Newsletter and the Membership Directory, also designs and/or modifies directory display ads to meet special requests from numerous advertisers each year.

- **Bonnie Gallogly** edits the AAUW-OML website listings and applies URL links to individual advertiser's businesses.

Their expertise is also largely responsible for the presentation of the ads and ad lists.

- A big thank you to the OML members who purchased 2015-16 ads. They are: **Diane Bell-Rettger, Maxine Christison, K de Groot, Joan Evans, Soraya Golesorkhi, Elaine Gallaher and Lana Reichick**. Their continued loyalty gives us wings!

- In addition to the member advertisers, the Ad Team renewing or selling previous ads were: **Valarie Burgess, Stacia Cragholm, Bonnie Gallogly, Maryellen Judson, Pat Lopker, Mary Leigh Miller and Laura Wittenberg**. They are incredible.

The 2016-17 OML Advertising Campaign Kicks-Off August/September Campaign at Pat's with delicious, homemade strawberry shortcake – We are underway renewing ads and selling new ones. Valarie Burgess is appreciated for her many years participating with ad sales and is leaving the committee. We miss her already. All other sales team members are continuing and we're excited to be out in the communities with OML news.

Annually, while appreciating our many advertisers who continue with OML, we seek new businesses and hope you, our membership, will each personally make great suggestions to help support this campaign! After expenses are met, money raised helps secure excellent program speakers and lends extra assistance to OML Branch Priorities.

The 2016-17 OML Member Directory will be available at the October General Meeting. As you do business with advertisers, past and present, please thank them for promoting the AAUW mission. Please call with all suggestions, questions or new client names.

**Pat Lopker,  
Advertising Coordinator,  
376-5155**

## 2016-17 DIRECTORY UPDATE

**Any changes to your current contact information?**

Please send all Directory corrections to Database Coordinator, Sheila Apte, [buddoo@yahoo.com](mailto:buddoo@yahoo.com) and Directory Editor, Mary Leigh Miller, [mlmiller602@gmail.com](mailto:mlmiller602@gmail.com).

The 2016-17 OML Membership Directory will be available for distribution at the October General Meeting.

## 2015-16 AAUW OML SPONSORS/ ADVERTISERS

\*AAUW members

**LAFAYETTE**

Asian Accents – Original Designs in Jewelry by K. de Groot\*  
Creative Alterations – Josef Jamkochain  
DIABLO FOODS  
Indigo & Poppy – Fine California Living  
Matthew McLeod, Realtor –  
Dudum Real Estate Group  
Open Sesame Natural Foods  
P & L Framing  
Persons Plastic & Reconstructive Surgery – Barbara Persons, MD FACS  
Ware Designs – Fine Jewelry

**MORAGA**

AAAAA Rent-A-Space  
Goodwill Industries of the Greater East Bay  
King Florist & Gifts  
Massage Envy  
National Assoc. for Advancement of Female People – Diane Bell-Rettger\*  
Neighborhood Computers  
New Delhi Bistro  
Royal Siam Thai Cuisine  
ShopMORAGAFirst.com – Moraga Chamber  
ViaVienté – Lana Reichick\*

**ORINDA**

Joan Evans\* & Angie Evans Traxinger,  
Village Associates Real Estate  
La Piazza Pizzeria Trattoria  
Orinda Books  
Piccolo Napoli  
Redwood Cottage  
Sea Ranch Vacation Rental –  
Elaine Gallaher\*  
Shelby's Restaurant  
Soraya Golesorkhi\*, Realtor  
– Coldwell Banker

**WALNUT CREEK & Beyond**

Bay Alarm Company  
Hearing Science of Walnut Creek  
Herbs & Spices Catering, Alameda  
Laurie Muggee Fitness  
Maxine Christison Interior Design –  
Maxine Christison\*

Please refer to your current membership directory for complete advertising information.

**BOOK REVIEW from Lana Reichick**

***Finding the Wow:*  
How Dreams Take Flight at Midlife**

Author **MJ Marggraff** is a dynamic member of our Tech Trek Committee. I bought her book to be supportive, and to read her story. What I didn't expect was to be WOWED! Her inspiring true story of losing her day planner and starting from scratch to fill a new appointment book is energizing. When I started reading a few pages before sleep, I read until 5:00 a.m.



Right alongside her in the cockpit of Bravo, I was learning to fly a plane, lifting to the sky from Buchanan Field in Concord. I could see the Delta waters and Mount Diablo out my window. I could smell "chocolate and aviation fuel" in Bravo – that plucky little Cessna that could. MJ's tales are captivating, courageous, and sometimes terrifying. Her message is passionate and empowering. "Finding the Wow" is a great read, and would be a terrific addition to Book Group lists.

Read these quotes from her many *Amazon.com* 5-star reviews:

"You know a book is good when you don't want it to end. ... This true story makes you laugh out loud, cry and rejoice. Her emergency landing left me ... breathless, and her unrelenting courage ... speechless. This book will inspire you to revisit your current or long-forgotten dreams and may just give you the extra dose of courage you need to make your dreams come true." – Tamara Monosoff

"Not enough books in this world are written by women about their success, their dreams achieved and continued. We as women tend to leave the bravado and self-marketing to men. ... it was so inspiring, and refreshing, and funny and sad at times ..." – Amazon Customer

"... I found it to be an engaging, poignant, and empowering read. ... She personifies her plane brilliantly; it's as much of a character in the book as any other, and the relationship between woman and machine gives the book a lot of color." – E. Drake

"Wow! Beautifully written with wit, charm and wisdom. Most of us ask ourselves if we're making the most of living and, more important, how to do it. MJ Marggraff points you in the right direction." – Kenneth Kaplan

**OML BRANCH  
UPDATES**

**2016-17 BUDGET UPDATE**

The September meeting is the traditional time to present the upcoming year budget for membership approval. Due to changes in National requirements, however, we need to delay presenting the 2016-17 budget for approval until the October meeting.

According to our bylaws, the budget will appear in the October Triad for your review before a call for approval at the October General Meeting. If you have any questions or concerns, contact the OML Financial VP, **Gail Chesler**.

**Coming to our November  
General Meeting:  
MARKETPLACE**

**This is a great opportunity for  
creative OML members to display  
and sell their work.**

**Please contact Mary Leigh Miller  
at [mlmiller602@gmail.com](mailto:mlmiller602@gmail.com) if  
you are interested in signing  
up to participate in this event.  
The branch takes no commission  
for sales.**

**2016-17 AAUW OML  
Executive Directors**

- President*  
Laura Wittenberg
- President-Elect*  
Denise Burian
- Program VPs*  
Judy Helder and Pat Beckner
- Membership VPs*  
Mary Levey and Alison MacKenzie
- AAUW Funds VP*  
Marie Bonilla
- Corresp/Recording Secretary*  
Maryellen Judson
- Finance VP*  
Gail Chesler

**\*Note: When MJ learned of this review, she extended her offer to donate author's proceeds from AAUW orders to Tech Trek. Send your Amazon Order # by October 30th, in an email to [lanasan@aol.com](mailto:lanasan@aol.com). Include *Finding the Wow* in email subject line.**

**THE TRIAD Staff**

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California AAUW Website: [www.aauw-ca.org](http://www.aauw-ca.org)



**FOCUS ON ... SPECIAL INTEREST GROUPS****CRITICS CHOICE BOOK GROUP**

*Do you like to read?* Here's an opportunity to read up to twelve bestselling books between October 1, 2016, and August 31, 2017, for a total cost of \$20.

In the Critics Choice Book Group, we buy several copies of recent fiction and non-fiction books in September and circulate them through a neighborhood reading group of ten to twelve members. You read one book each month beginning in October; then you deliver it to your neighbor on the first of the following month. Your last selection of the year is yours to keep. We meet once a year to discuss the past year's selections and to choose books for the coming year.

You can reserve a spot in the group by sending a check for \$20, payable to **Mary S, Smith, to Mary at 1096 Sanders Drive, Moraga, 94556**. Sign-ups for this fun and entertaining group will also be taken at the first AAUW meeting in September.

**NOTICE TO CURRENT CRITICS CHOICE MEMBERS**

The selection meeting will be held on **Thursday, September 8th**, at 10:00 am at my home. You will soon receive an email about renewal.

**BIKING GROUP**

Are you looking for a way to stay fit, enjoy the out of doors, and friends all at the same time? Cycling Gals might be just the place, so dust off your bike and pump up those tires!

We are now biking on the **LAST FRIDAY OF THE MONTH** – always on paved, mostly level trails in Contra Costa County, sometimes in Alameda. Our pace allows for chatting as we ride and make several stops in 10-12 mile loop. We meet about 8:30 am at the trail head, and are usually back by 11:30 or earlier.

Questions should go to Ellen Beans or Diane Bell-Rettger.

**Ellen Beans**  
ellen.beans@gmail.com

**Diane Bell-Rettger**  
dianebell@rettger.com

**ON SEPTEMBER 20th**

OML supports a variety of *Special Interest Activities* like the two described above – all it takes is your enthusiasm and participation. Tables will be set up around the meeting room with each Interest Chair providing a short description of the activity and how you can get involved.

Learn more  
about it at  
**SHOWCASE!**

**BRANCH PRIORITIES:** Tech Trek, Scholarships, Community Outreach, Start Smart, Public Policy and AAUW Funds will all have their day in the sun as well. Find out how **YOU** can get connected with other like-minded, dedicated women in our branch!

**NEWS from our ADVERTISERS****5A RENT-A-SPACE CELEBRATES 45th ANNIVERSARY**

AAAAA Rent-A-Space started in 1971 when H. James (Jim) Knuppe, the founder of the industry concept, and his son Michael built a storage facility in Alameda. Next, in 1972 they built in Berkeley. Presently 5A has two facilities in California, and one in Maui.

The first portion of Moraga's 5A was built in 1995 along the back at 455 Moraga Road. The owners purchased and built on the property near Moraga Road in 2001.

5A Moraga has 1180 storage units in sizes from 3' x 4' to 12' x 20'. At present they are 95% occupied. People appreciate the fact the property has easy access, security gates and cameras, plus available boxes and packing supplies.

5A is dedicated to giving back to their community. They have donated time, money and energy to the Chamber of Commerce, Concerts in the Park, the Moraga Community Faire, the Rotary, Lions, AAUW's Tech Trek Shred•Fest, and the schools.

We want to thank our community for 45 years in business! Everyone is welcome to visit and celebrate with us. *We have a gift for you, so come on in.*



## SEPTEMBER at a GLANCE

1, 5, 8, 12, 15, 19, 22, 26 – MON & THURS – TENNIS  
8:15-10 am – Contact Tory Courtney, 376-1295

3 SAT – INTERNATIONAL TRAVEL GROUP  
No plans have been made for meeting this month  
Check with Ksenija Soster-Olmer for more info.

6 TUES – BRIDGE GROUP  
12 noon – Joyce Dickey 825-7991

8 THU – CRITICS CHOICE BOOK GROUP MEETING  
10 am – Home of Mary Stephens Smith  
*Read more on page 9*

8 THUR – GOOGLE DRIVE TRAINING & STEM MTG.  
10:30 am – Galileo Hall, SMC  
*Read more on page 6*

12, 26 MON – GOLF  
Contact Jan Gee for t-time and venue, 938-1316

13 TUES – BOARD MEETING  
1 pm – Orinda Community Church Fellowship Hall  
10 Irwin Way, Orinda

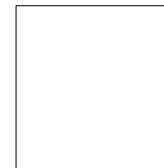
16 FRI – ANYONE WHO HAS READ THE BOOK  
10:30 am – Orinda Books, 276 Village Square, Orinda  
*Dead Wake* by Eric Larson  
Contact Judy Peak, 376-0540, for more info

16 FRI – LET'S GO TO THE MOVIES  
Contact Mary Leigh Miller, 631-9694 for more info

**20 TUES – SHOWCASE!**  
**9:30 am – Orinda Community Church Fellowship Hall**  
**10 Irwin Way, Orinda**

21 WED – MEMOIRS & MUSINGS  
Contact Carol Messinger 283-8741

**AAUW-OML**  
**Database Coord.**  
**52 Wandel Drive**  
**Moraga, CA 94556**



22 THUR – STEM PLANNING MEETING  
9 am – Home of Stacia Cragholm *Read more on page 6*

24 SAT – SEPTEMBER TRIAD DEADLINE  
Send articles to Mary Leigh Miller; [mlmiller602@gmail.com](mailto:mlmiller602@gmail.com)

24 SAT – *COFFEE ON US*  
9:30-10:30 am – Coffee Shop, 50 Lafayette Circle, Lafayette  
All OML members plus guests are welcome

26 MON – BIKE GROUP  
Contact Ellen Beans, [ellen.beans@gmail.com](mailto:ellen.beans@gmail.com)

## OCTOBER 2016

Look for more listings in the OctoberTriad

11 TUES – BOARD MEETING  
1 pm – Atria,  
1545 Pleasant Hill Rd, Lafayette

18 TUES – PUBLIC POLICY GENERAL MEETING  
“Does Your ‘Yes’ Mean ‘No’?”  
9:30 am – Orinda Community Church Fellowship Hall  
10 Irwin Way, Orinda

18 TUES – RESTAURANT WALK  
6 - 9 pm – Downtown Walnut Creek  
*Read more on page 5*

## NEWS FROM BEYOND OUR BRANCH

The annual (Northern California) Fall AAUW Fund Luncheon will be Saturday, October 29th at the Crow Canyon Country Club in Danville. There will be more information later. This is a fun luncheon at which we'll meet one or more of the AAUW Fellows (grant awardees).

## IMPORTANT NOTICE TO ALL SPECIAL INTEREST COORDINATORS

*If your group decides to meet on a different day or time than normal or if you are no longer meeting, please contact our Calendar Coordinator, BONNIE GALLOGLY, so she can update the website calendar.*