

JAN CUSHMAN AAUW-OML Distinguished Woman of 2020

On Tuesday, March 17 – the Irish Day – the nominating committee went to Jan Cushman’s house to surprise her with the news. (Note: we were careful to maintain the recommended distance). **Please turn to page 3 for photos that capture that morning!**



In making this selection, there were so many nominating letters to read on behalf of several branch members. As I read each one about Jan, my reaction was a nod up and down – in agreement – and once in a while remarking, “I didn’t know that.”

Here are words that carry the thread of those many nominating letters. Jan is thoughtful, efficient, “steps up when needed,” dependable, “it’s as good as done,” professional, “on my team, please.” There were mentions with repeated applause for Tech Trek, Tech Savvy grant applications and EYH standing out. Also cited were activities throughout the branch – wherever the need showed up. Expect to read in more detail, of Jan’s extraordinary accomplishments and contributions to our branch in the May Triad.

Of course we don’t know yet about the May Luncheon vis a vis coronavirus precautions. We promise to keep you posted.

**Gail Chesler,
2019 Distinguished Woman**

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2020-2021 ELECTED SLATE of OFFICERS:

CO-PRESIDENTS:
Marielle Boortz and
Alison MacKenzie

PRESIDENT-ELECT/VP:
(open)

AAUW FUND CO-VPs:
Diane Bell and Marilyn Evans

PROGRAM VP:
Chris Laszcz-Davis

MEMBERSHIP VP:
Marie Bonilla

SECRETARY:
Linda Bochte

FINANCE VP:
Peggy Cabaniss

Thank you for voting. The majority of you voted in our special online election and it was successful.

The new officers above were elected for both the Branch Operations and Community Outreach organizations.

To view the complete list of elected and appointed officers, please turn to page 7.

The board is still looking for the services of any member who is familiar with Quick-Books. Please contact Jan Coe at 925-200-7097

... from DENISE'S PERSPECTIVE



Hello Dear Members,

These are not ordinary times. This pandemic is real and dangerous for all of us in AAUW-OML. I hope and pray you are safe and healthy, and self-isolating to your home for now. I am hearing from many that you are taking this time to clean closets, go through files, engage in hobbies, stream those new shows everyone talks about, and are finding things to do at home. We are still at the beginning of the curve; it will likely be longer than we anticipated, but be patient, this shall pass. If you need anything, please reach out and we will make every effort to assist you.

Our board has followed many others in canceling all events through the end of April. Having done that, we are finding creative ways to keep in touch with our members. Each member of the board is calling members just to check in, let you know we are thinking of you, and provide you with some human connection. The feedback has been wonderful. Thank you board members for calling members.

The work of our branch is continuing as best we can. Tech Trek and Scholarship found alternative ways to complete interviews, select awardees, and plan ways to give out the awards, hopefully in May. The STEM committee has contacted the presenters and expect most will participate next year. Our donors have generously offered to let us use their donations for next year. The nomination committee completed their work and our branch took an electronic vote on the 2020/2021 elected officer nominees electronically this past week. Thank you to the nomination committee and **Gail Chesler** for setting up the vote, and especially all members of the new board who stepped up and agreed to serve our branch next year.

A big congratulations to **Jan Cushman**, our 2020 Distinguished Woman. This recognition is so well deserved and a long time in coming. Jan is Tech Trek to our branch. Jan – your work and dedication to the program has changed the lives of all of the middle school girls who have attended these many years. While we are not yet sure we will be able to have the May luncheon to honor you, be assured we will have that celebration just as soon as we can.

AAUW-CA convention has been canceled, but all members in California received an email on March 24 announcing an online meeting that you can participate in by phone or on your computer. It will be Saturday, April 18, 2020 from 1-3 pm.

The board will meet on Tuesday, April 14 at 1 pm via the Zoom app. You may have heard that many organizations are using this app to have online meetings. Some families are using Zoom to stay in touch. This app will work for everyone no matter what type of device – iPhone or Android, cell phone, tablet or PC or a Mac computer, which is why it is popular right now. The Evening Salon did a test run and it worked great, once the seven that participated all figured out how to use it. More interest groups are going to try to meet using Zoom, and I encourage all of you to try. Read a little more about Zooming on page 6.

I know we are all thinking of each other during this time. Let's do our best to stay in touch. Stay safe.

Denise Burian, President

BOARD MEETING HIGHLIGHTS

March 10, 2020

A lot of hard work was reflected in Jan Coe and her committee's presentation of a slate of officers for OML Executive Board positions. The President Elect position is still unfilled. The slate of appointed officers is complete.

With the current threat of the corona virus, many of our planned future meetings and events are questionable.

March is Women's History month and a time for us to celebrate the many accomplishments of women at home and abroad.

Linda Bochte, Secretary

IN MEMORIAM

Fay Schoenberger



With great sadness, we announce the passing of Fay Schoenberger on March 15, 2020. With a positive attitude and grateful appreciation for every good day, she valiantly battled challenging health issues.

An active leader in OML in the 1980s, Fay served as president in 1986-87 and was honored as Distinguished Woman in 1992. She spoke passionately about her volunteer work teaching adults how to read, profoundly changing their lives.

Memorial gifts may be sent to the Institute for Myeloma and Bone Cancer Research, 9201 Sunset Blvd., Suite 300, West Hollywood, CA 90069. Due to the present situation, a private family service is planned.

FOCUS ON ... MEMBERS CORNER

WHAT AAUW MEANS TO ME

It's official. The year 2020 is canceled. As the pandemic of 2020 calls for a demand *staycation*, we hunker down. Stay home. Stay safe. Stay strong. We were not expecting this other thing – this cabin fever.

The first days of my staycation were spent on Tech Trek 2020 – finishing JM interviews on Facetime, writing final letters, and making big decisions by conference call. In 2010, after reading every word of the AAUW-CA research study that followed the first ten years of Tech Trekkers, I was hooked. I had volunteered on the first day of camp at Stanford in 1998; I always supported Tech Trek. But that new study made me want to do more. The words of those girls still rumble in my head. **Tech Trek gave me purpose.**

About twenty years ago, I saw Valarie Burgess stand in an OML board meeting and say, **“Because of AAUW, I get to do my life’s work.”** Valarie Burgess dedicated decades to building the amazing program we called Sister-to-Sister. S2S impacted a thousand middle school girls’ lives, and shaped hundreds of high school S2S leaders. Successful concepts developed in Sister-to-Sister have been adapted and made part of the dynamic STEM Conference, bringing past Tech Trek campers in as junior monitors, later teaching them leadership skills as Tech Trek Ambassadors in high school.

What’s my point? What does all this have to do with what AAUW means to me? Remember when we first went online? Our inboxes were filled with dreaded ditties, jokes, and tear jerkers? One said: **Get yourself some girlfriends.** When the going gets tough, your girlfriends will be there. Your girlfriends will stand by you to your final days. When your hearing gets rough, your girlfriends are there. I’m talking to you: Jean Somerset, Stacia Cragholm, Ann Von Pohl, Laura Wittenberg, Judy Helder.

This 2020 staycation gives us time to reflect, reach out virtually, and connect. Who’s there sending you nuggets of support, a beautiful photograph from their backyard, a midnight text chat, laughs on Facetime, homemade muffins, cookie orders delivered. Cherish the little things. They turn out to be the big things. **AAUW gives me meaningful purpose, and girlfriends who stay and play.**

Girlfriends stay in our hearts: Gayle Uilkema. Emily Visser. Suzanne Cunningham. Mary Helene Tietz. Gloria Weston. Jeanne Melaugh. Barbara Harbuck. Fay Schoenberger. They built AAUW-OML into a 7-star, 400 member branch. *We remember.*

Lana Reichick, OML member since 1989

MEMBERS CORNER is a new Triad feature.

We want to hear from you: longtime members and new members.
You’re on staycation. Start writing.

WHAT DOES AAUW MEAN TO YOU?

Submit to: Lanasan@aol.com
Subject line: Triad Members Corner

JAN CUSHMAN

OML’s Distinguished Woman for 2020 Is Crowned!

So many things are changing in these challenging times, but happily some things stay the same – like announcing the Distinguished Woman of the year. Because the March meeting was canceled, you didn’t get to see Jan’s surprise when we showed up at her door. *Can you see her Irish Day’s crown in the photo?*



Jan with husband, Bruce McGurk

The Distinguished Woman Committee:

Gail Chesler
Sandy Fox-Sohner
Pat Lopker
Marielle Boortz*
Bobbie Dodson*

*Not pictured above as they were unable to attend the surprise announcement.

GREATNESS of OML ADVERTISERS

Concern arises for what our members can do and how to obtain food. *Joy is a delicious meal.*

As Ad Coordinator, I have contacted each food-related advertiser and learned how they have adapted to community needs. All have expressed care-filled concern for how they may safely provide our members and the local community with service beyond imaginable. Their decisions are based on new guidelines that enable them to stay afloat, keep healthy and re-educate a limited staff while offering the benefit of employment. *No one is immune from the hardships. We will emerge.*

Pat Lopker, Advertising Coordinator, and Advertising Team Members

Local Advertisers Offer Clarity of Food Purchasing Options

You can help these small businesses provide their best so our members and communities can shelter in place. They are loyal and professional. Directory ad page numbers are provided here.

Bistro Burger & Grill p.25 Take Out & Curb (DoorDash)

Owner Fera wishes everyone good health and safety. They will not be serving in-house meals, but will maintain all recommended standards and offer adjusted hours of noon to 7 pm.

Casa Orinda p.46

Temporarily closed for community and staff protection.

Diablo Foods p.46

Reduced hours 9 am-7pm www.diablofoods.com

Always with a favorite high-end meat counter and hard to find grocery choices, they remain open seven days a week. Hand wipes are available while you shop. Alex tells me even though the Stokes owners have always provided high standards, they have increased the care and sanitizing of the store under this current health concern.

Herb & Spices Catering p.49 Back inside cover www.herbsandspiceschef.com

Special Home Delivery free to OML Members

Normal large group services are redirected to provide delivery to you personally. Wendy sincerely cares and says, "We try to keep our employees working and have added Lamorinda customers to those enjoying our wonderful meal options." Each week there is a new menu to choose from, with meals to fit most diets (vegan, GF, DF). They will be delivered cold packaged, microwave or freezer ready. If you are interested in getting a weekly menu please email: wendy@herbsandspiceschef.com or call Wendy Shay - (415) 816-3334

New Indian Delhi Bistro p.47

Take Out & Curb (DoorDash) only

Owner Roos Pal offers her encouragement to all during this stay-in-place time along with meals and single item orders.

Royal Siam Thai Cuisine p.46

Take Out & Curb (DoorDash) www.royalsiammoraga.com
"We are community, we serve. We think of you as family." Joy Dewey, Owner

Shelby's Restaurant back page of Triad 925-254-9687 www.shelbyseatbetter.com Take Out & Online (DoorDash)

Open M-Sat. Adjusted hours: 11:30 am to 3 pm and 5:30 to 8 pm Website payment available. "We wish you well and with continued good health," Arno, co-owner

Town Bakery & Café p.46

**Take Out only – order by text: 925-2301-6230
For all other info, call: 925-247-5965**

Adjusting and working their way through changes, Town would like you to know how to still enjoy their delicious homemade food. New hours: Tues – Sun 8 am-7 pm, closed Mondays. A new menu is posted on their website. Coffee and pastries at 8 am, kitchen opens at 11am with hot meals and one all-day menu 11-7. Committed to using fresh, quality ingredients and farm-fresh organic eggs, they are grateful for continued support in keeping their family-owned restaurant afloat. Your purchase also supports their local source farms. Preorder by text only and wait for confirmation. Make payments with card or cash. Quick pickup. Bring a bag if ordering eggs at \$5/dozen.

Via Viente p.50 Back Cover

Powerful Whole Food Nutrition, a concentrated puree, a delicious elixir to boost your immunity.
Lana Reichick 925-570-9252 – lanasan@aol.com

Is Takeout Food Safe? What About Deliveries?

Fortunately, the risk of exposure to COVID-19 through food or deliveries is low. So go ahead and support your local restaurants, but only for takeout or delivery. And remember: To be safe, remove food from delivery packages and always wash your hands after handling containers and packages.

When you order, PLEASE tell them you are a local AAUW CUSTOMER.

SCHOLARSHIP AWARD UPDATE

We on the scholarship committee have a superb opportunity to see what the students of our Lamorinda community can achieve. We spent three afternoons interviewing senior girls at Acalanes, Campolindo and Miramonte high schools.

The students were interested in STEM, music, speech and debate, writing, music and sports. They participated in their high school debate teams, equity boards, sports teams and concert orchestra. In the community they supported AAUW STEM Conference, Girl Scouts, Hospice of the East Bay, Children’s Hospital and Oakland elementary schools. Building houses in the Dominican Republic, working in orphanages in Mexico and teaching English to students in Thailand are ways the girls served globally.

Fortunately, we were able to complete the process and award scholarships to the following students:

Acalanes	Lynn Wolfe	\$1,000
	Marielle Riesner-Hansen	\$1,000
Campolindo	Kate Ye	\$2,000
Miramonte	Sophia Kofoed	\$2,000

Thank you to scholarship members **Gail Burnett, Bonnie Fend** and **Maryellen Judson** who keep in contact with the school college and career counselors and organized the interview process. Thanks to the following OML members who interviewed: **Bonnie Fend, Rachel Riddle, Joan Foster, Maryellen Judson, Jill Fernald, Laura Monin, Gail Burnett** and **Lucy Olson**.

NCCWSL NEWS

The shelter in place orders and the closing of Saint Mary’s College has delayed our NCCWSL scholarship process. Laura Wittenberg has corresponded with three well qualified SMC students. These students are participating in areas of leadership for social change, sustainable living and empowering women. We were saddened to hear that the NCCWSL campus, University of Maryland, College Park and AAUW have decided to cancel NCCWSL.

The scholarship committee is disappointed that we will be unable to hold our awards program with the Tech Trek students and our scholarship awardees, but we recognize the importance of keeping our community safe. The community in which we live is one of our greatest gifts.

**Mary Ann McLeod, Co-Chair,
Scholarship Committee**

Choose Your Prize SILENT RAFFLE RESULTS

Our raffle was very successful. We made \$770 to support our young women in high school and college.

The scholarship committee would like to thank everyone for participating in our raffle. We appreciate your flexibility and willingness to try our online version! Special thanks to **Gail Chesler** for her help and time in setting this up. We sent out an e-blast with all the winners; they will also be notified by phone or email.



~ THANK YOU TO OUR DONORS ~

Scholarship committee would like to acknowledge and thank our community donors for contributing to our raffle.

**Amphora in Lafayette • Orinda Books in Orinda
Shelby’s Restaurant in Orinda • Dennis Fay
Ristorante Amoroma in Moraga • Elaine Watson
Diablo Hills in Walnut Creek • Oakland A’s
Laura Wittenberg • Jill Eberhard • Bonnie Fend**

Bonnie Fend, Co-Chair, Scholarship Committee

STEM CONFERENCE

Looking forward to 2021

The STEM Conference Committee is very grateful to our generous sponsors – Chevron, Lamorinda Sunrise Rotary, and the Rossmoor Rotary – who have kindly rolled over their donations to our 2021 STEM Conference.

We also want to thank our AAUW-OML members, and others in the community, Diablo Foods and Peet’s Coffee and Tea in Orinda for their continued support. Dr Roy Wensley, Dean of the School of Science at Saint Mary’s College, is looking forward to working with us in 2021.

Our keynote speakers, Franceska Hinkamp and Randi Morimoto have committed to returning in 2021. Many of our presenters have also confirmed their interest in our 2021 conference.

Stacia Cragholm, Co-Chair, STEM Conference

TECH TREK UPDATE

MONTHLY ACTIVITIES



TECH TREK GIRLS SELECTED BEFORE the SHELTER-IN-PLACE REQUIREMENT!

At this point the camp directors are still busy planning for Tech Trek Camp Hopper at Stanford on July 12-18, but are also actively monitoring the covid19 situation. As we are sure you appreciate, the health and safety of our campers and staff will have to come first.

Our wonderful Tech Trek interview teams completed their reviews of the applications and interviews of the nominated girls just in time! Six outstanding seventh grade girls were selected to go to camp. One additional girl was selected, pending the decision on how many total places there are in the dormitory assigned by Stanford. Additional girls were also selected as alternates in case one or more girls cannot attend.

STANLEY MIDDLE SCHOOL

Camille Bradley, Helena Linnen, Bea Dean (pending)

JOAQUIN MORAGA INTERMEDIATE SCHOOL

Vivian Tolajian, Georgia, Stankus

ORINDA INTERMEDIATE SCHOOL

Deya Murthy, Emma Wong

There are always twice as many girls that we would love to send to camp, and the final selection of the scholarship winners is the cause for much discussion and debate. It is great fun to meet all these amazing young women!

A huge thank you to **Sheila Apte**, **Therese Tamaro** and **Diane Bell** for selecting the girls from Stanley Middle School, **Lana Reichick** for heading up the interviews with **Sandy Fox-Sohner**, **M.J. Marggraff** and **Pam Dougherty** at Joaquin Moraga Intermediate School and **Christine Walwyn**, **Nancy Kornfield** and **Laura Monin** for interviewing at Orinda Intermediate School!

And thanks to everyone who has donated money for the scholarships. We could not have our program without your support!

Jan Cushman, Coordinator, Tech Trek

Reaching Out With ZOOM

As we shelter in place, some of us have discovered the joys of connecting via the **Zoom app**. With all the activities in which we normally participate canceled, we find the need to talk to our friends is greater than ever and Zoom might be the answer.

Video conferencing via Zoom can take a little practice as some of us learned recently when Evening Salon tried it out for the first time. We realized the group dynamic is a little different when you're not all together sitting in the same room!

In the photo below, the person speaking (in this case, Denise) is highlighted with the other participants represented in small boxes across the top of the screen. As different people talk, Zoom automatically swaps the images. Video conferencing is best done on a computer (as pictured here), but can also be conducted using tablets or cell phones.



It's easy to download the Zoom app and this weblink will help you set it up: <https://assets.zoom.us/docs/user-guides/one-page-zoom-rooms-controller-guide-web.pdf>

Denise Burian plans to use Zoom to conduct our monthly board meeting in April. She encourages monthly activity groups to consider connecting electronically to stay connected. We need to keep our friendships up and spirits high.

Mary Leigh Miller, Triad Editor

THE TRIAD Staff

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EXECUTIVE COMMITTEE 2019-20

President – Denise Burian

Presidents-Elect – Marielle Boortz, Alison MacKenzie

Vice-President Membership – Marie Bonilla

Vice-President, Program – Gail Chesler

Vice-Presidents, AAUW Fund

Lynda Leonard, Marilyn Evans

Vice-President, Finance – Peggy Cabaniss

Recording Secretary – Linda Bochte

AAUW Association Website: <http://www.oml-ca.aauw.net>
California AAUW Website: www.aauw-ca.org

PUBLIC POLICY UPDATE



Many items have been pushed to the background during this unprecedented time in our neighborhoods, our state and the world. It's important to know, however, that advocacy for women and girls continues even as we shelter in place.

As part of our 2020 Gender Policy Agenda, AAUW is pushing for policies that will protect women and their families, including paid leave, access to high-quality health care and stronger Social Security benefits. In the wake of the coronavirus crisis, those priorities are even more urgent. That's why we're partnering with other organizations to advocate for paid sick leave for public health emergencies. It's critical for women to be able to take care of themselves and their loved ones without worrying about a lost paycheck or retaliation from their boss.

Our mission to advance equity won't change; we'll just adapt how we get there. Our work has never been more relevant. AAUW's research shows that women stand to lose the most when financial disruptions hit, since they have more debt, lower pay and less retirement savings than men. *We're all in this together. And together, we can make a difference.*

**Jan Coe and Laura Monin
Co-Chairs, Public Policy**

The 2020 CENSUS



The Constitution mandates that the US conduct a count of its population once every 10 years. It is conducted by the U.S. Census Bureau, a nonpartisan government agency. Participating in the census is required by law, and your answers are kept completely confidential. The 2020 Census counts the population in the United States and five U.S. territories (Puerto Rico, American Samoa, the Commonwealth of the Northern Mariana Islands, Guam, and the U.S. Virgin Islands) You should have already received an invitation to respond to a short questionnaire – online, by phone, or by mail. Go to: my2020census.gov.

Why We Conduct This Count

The census provides critical data that lawmakers, business owners, teachers, and many others use to provide daily services, products, and support for you and your community. The data helps your community to prepare to meet transportation and emergency readiness needs. Every year, billions of dollars in federal funding go to hospitals, fire departments, schools, roads and other entities based on census data.

The results of the census determine the number of seats each state will have in the U.S. House of Representatives, and they are used to draw congressional and state legislative districts.

2020-2021 OML BOARD POSITIONS

501(c)(4) Branch Operations officers ~ Elected Positions

- Co-Presidents Alison MacKenzie* and Marielle Boortz*
- President-Elect Vacant - no nominee
- Secretary Linda Bochte*
- Finance VP Peggy Cabaniss*
- AAUW Fund Co-VPs Diane Bell and Marilyn Evans*
- Program VP Chris Laszcz-Davis
- Membership VP Marie Bonilla

*Also 501(c)(3) Community Outreach officers

Appointed Officers for 2020/2021

- Public Policy Jan Coe and Connie Whitting
- Tech Trek Chair Jan Cushman
- Scholarship Mary Ann McLeod and Bonnie Fend
- STEM Conference Caroline Friedmann and Denise Burian
- Comm. Projects Janette Maher
- Publicity Lynda Leonard
- Newsletter Ed. Mary Leigh Miller
- Website Coord. Bonnie Gallogly

Non-voting Officers

- Parliamentarian Therese Tamaro
- Advertising Pat Lopker
- Saint Mary's College Liaison Laura Wittenberg
- WorkSmart/StartSmart Sara Lautenbach
- Hospitality Maryellen Judson
- Directory and Overview Mary Leigh Miller
- Mem. Treasurer Shelly Drasin
- Mem. Database Sheila Apte
- Historian/Photographer K. De Groot
- Distinguished Woman Committee Jan Cushman
- May Luncheon Marla Schroeder



**APRIL 2020
AT A GLANCE**

1 WED – CRITICS CHOICE BOOK GROUP

Pass along your books.

2 THUR – EVENING SALON

7 pm – Via the Zoom app.

Contact Denise Burian if you want to be included.

3 FRI – DAYTIME MOVIE GROUP

Canceled this month.

4 SAT – INTERNATIONAL TRAVEL GROUP

Canceled this month.

MON – GOLF GROUP

Contact Jan Gee for time and venue, jgee17@yahoo.com.

This activity will resume once the golf courses reopen.

10 FRI – GAMES INTEREST GROUP (GIG)

Canceled this month.

14 TUE – BOARD MEETING

1 pm – Via the Zoom app

Contact Denise Burian to be included.

15 WED – MEMOIRS & MUSINGS

1-3 pm – We meet every month, in members homes.

Contact Carol Messinger – messingerd@aol.com or 891-4201

Canceled this month.

17 FRI – ANYONE WHO HAS READ THE BOOK

10 am – Orinda Books

Canceled this month.

17 FRI – LETS GO TO THE MOVIES

Contact Mary Leigh Miller, mlmiller602@gmail.com.

We may met via Zoom, otherwise canceled.

19 SUN – AWARDS GENERAL MEETING

Canceled this month.

Read about the awardees on pages 6 and 7.

24 FRI – DEADLINE for MAY TRIAD

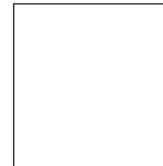
Send all articles to Mary Leigh Miller, 631-9694

mlmiller602gmail.com.

24 FRI – BIKE GROUP

Contact Ellen Beans, ellen.beans@gmail.com.

AAUW-OML
Database Coord.
52 Wandel Drive
Moraga, CA 94556



MAY 2020

Look for more listings in the MAY issue.

12 TUE – BOARD MEETING

1 pm – Orinda Community Church

Unless otherwise noted

19 TUE – MAY LUNCHEON

Honoring Distinguished Woman, Jan Cushman

11:30 am-2:30 pm – Moraga Country Club

May be postponed to a September or October date.

**IMPORTANT NOTICE TO ALL
SPECIAL INTEREST COORDINATORS:**

If your group decides to meet on a different day or time than normal, please contact our Calendar Coordinator, BONNIE GALLOGLY, so she can update the website calendar.



RESTAURANT | CATERING

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