

IN/OUT BOARD MEETING

TUESDAY, JUNE 9
1 pm via Zoom

All incoming and outgoing board members are asked to attend.

All other OML members are welcome to join the meeting as well.

Contact Denise, denburian@gmail.com, for the link to the meeting.

MEMBERSHIP RENEWAL

It is time to renew your membership for 2020-21.

Even in the midst of sheltering in place, AAUW nationally, and OML locally, are still working to advance gender equity for women and girls. Our branch recognized three high school seniors for their scholastic and community accomplishments with scholarships. We are holding our monthly events using Zoom so our members can stay connected! And some of our interest groups are also meeting that way. Meetings this fall will be dictated by county health guidelines – but regardless, we hope you will renew your membership! We need you to help us accomplish our equity goals!

On May 18, all members received an email from Marie Bonilla detailing various ways to renew by check or online. You can print the attachments and mail them in with your check. Additionally, you can donate online via our OML website and fill out your profile sheet by simply clicking on the link in the email.

On May 22, you each received an email from memberinfo@AAUW with a unique link just for you if you wish to join online and pay with a credit card.

Dues of \$103 remain unchanged for the coming year (National: \$59, State: \$20, and Branch: \$24). Contact Marie Bonilla with any questions and or help renewing.

MAY ZOOM GENERAL MEETING

If you missed Mary Olowin's presentation on Shelter in Peace, last month's general meeting program, Denise Burian will show a recorded video of it via Zoom on June 4th at 10 am. Please contact denburian@gmail.com to be sent the link to the Zoom meeting. The video presentation will last 30 minutes.

Turn to page 5 for a review of this meeting and list of helpful resources for coping with the shelter in place crisis.

Join our next Zoom
General Meeting
TUESDAY, JUNE 23

9:30 am

SPEAKER:

PAMELA FREUND-STRIPLEN
local violist, entrepreneur
and Artistic Director of the
Gold Coast Chamber Players



Pamela, formerly with the San Francisco Opera Orchestra, performs internationally with leading classical musicians and will share highlights of her career, her travels and performances, and work with legendary musicians. She will talk about her film, educational programs and new creative immersion offerings which have been received enthusiastically. Pamela founded one of the nation's first chamber music collectives (GCCP) and the Bay Area Music Consortium and is a chamber music coach in the pre-college program at San Francisco Conservatory of Music."

Look for an E-Blast on June 22 with an invitation to join the Zoom meeting.

... from DENISE'S PERSPECTIVE



Time does fly by, even in a pandemic. This is my last letter to you as president. I wish I could tell you in person that it has been an honor to be your president, get to know so many of you, and work along side you. We have a committed and active branch, and I am grateful to each of you for your membership and for the work you do to support the branch and advance equity for women and girls.

equity for women and girls.

Two of my goals as president were to reach out to the community through evening meetings and the Work Smart Program. We held an evening meeting each year. And this year we presented the Work Smart Salary Negotiation Workshop (thank you **Sara Lautenbach**). I wanted to add new interest groups, and we did add a movie group, a games interest group, and an evening salon discussion group. Another goal was for the branch to be more engaged in public policy, and I thank **Jan Coe** and **Laura Monin** for providing us with monthly reports on AAUW policy initiatives and legislative advocacy. Saint Mary's College, which is a great partner for the STEM Conference, officially became a College and University Partner, thanks to **Laura Wittenberg** for developing the relationships to achieve this result. We also sent our first Saint Mary's students to NCCWSL, thanks to Laura and **Mary Ann McLeod**.

Our board of directors include some of the most hard working, responsible, interesting, smartest, and nicest women on the planet, and it has been a pleasure to work with them. **Jan Cushman**, our 2020 Distinguished Woman, does a fantastic job facilitating the Tech Trek program. **Mary Ann McLeod** and **Bonnie Fend** lead the Scholarship Committee and started the successful Game Day fundraiser. **Joan Jump** leads a committed group of Burckhalter library and tutor volunteers. The STEM conference committee, led by **Stacia Cragholm** and **Caroline Friedmann**, was ready for the 5th annual STEM Conference, until Covid-19 arrived and caused the cancellation of it and all remaining events for the year. The STEM committee is ready to expand into offering some STEM programs to high school girls next year. There are many other board members who work tirelessly on behalf of the branch: **Mary Leigh Miller**, **Bonnie Gallogly**, **Gail Chesler**, **Peggy Cabaniss**, **Linda Bochte**, **Marie Bonilla**, **Lynda Leonard**, **Pat Lopker**, to name a few, and there are many others who do work for the branch that is often unseen but nevertheless very important. We have a very engaged branch. I thank each of you for your hard work and commitment to OML.

I am turning the gavel over to **Marielle Boortz** and **Alison Mackenzie**. Both extremely competent, hard working, smart, and nice too. Get to know them. You will enjoy working with them. As Covid-19 continues to impact our routines, I know you will give them your full support, as you have me, as they lead us into the next year.

The best part of taking on the role of president is getting to know so many of you. I am so grateful for the wonderful friendships that have developed over the last few years. Thank you so much.

Stay safe,

Denise Burian, President

BOARD MEETING
HIGHLIGHTS
May 12, 2020

Another Zoom board meeting! It was good to see so many board members. The program committee has a real challenge providing interesting and timely speakers. OML member Dr. Mary Olowin will be the speaker for our general meeting on May 19.

Marielle Boortz and Alison Mackenzie are planning the agenda for the In & Out board meeting in June.

Membership renewal information will be sent to members May 22, 2020. Members can renew online or snail mail. Necessary forms will be included the email.

We are submitting final information for the 5 Star Program. OML is hoping to qualify for all 5 stars.

The Scholarship Committee planned to visit the 4 students selected for scholarships and present them with certificates and flowers.

Our outreach activities have been curtailed due to the pandemic. But plans continue to move forward, preparing for when we can safely resume the programs.

We are applying for a \$10,000 grant from the Bettelheim Foundation to support our STEM Conference in 2021.

Stay safe and enjoy the warm weather.

Linda Bochte, Secretary



A SPECIAL THANK YOU to SCHOLARSHIP and TECH TREK DONORS

2019 -2020 Scholarship Donors

Marielle Boortz
 Nancy Brewer
 Chevron Your Cause: Jan Cushman
 Elizabeth Corbett
 Tory Courtney
 Jan Cushman
 Judy Hammon
 June Howe
 Nancy Kornfield
 Pat Lopker
 McCaulou's
 Mary Ann McLeod*
 Janet Mendenhall

Jenny Offringa
 Ceil Ogorzelec
 Sharon Stearns*
 Strauss Family Foundation*
 Pat Sullivan *
 Susan Sullivan*
 Sally Swanson
 Therese Tamaro
 and members and guests who
 participated in our **Game Day
 Fundraiser and Online Raffle.**

*Donations made in memory of
 Barbara Harbuck

The scholarship committee has completed its goals! We were able to congratulate our four scholarship awardees on their outstanding achievements by visiting with them on their front porch. **Gail Burnett, Bonnie Fend, Maryellen Judson** and I spent this week visiting with each student, handing out checks, flowers and certificates (*check out the photos below!*). We chatted casually and learned a little bit more about the girls. Sophia is going to Saint Mary's College and joining their debate team, Kate is going to UC Berkeley and considering a computer science major. Lynn Wolfe is excited to be headed to UC Davis and Marielle is going to University of Nevada, Reno and will join a veterinary clinic in Reno as an assistant.

In addition, we worked with the three high school counselors to provide videos of our visits that were used in video programs to celebrate the girls. Bonnie Fend made the videos so we could be part of the awards nights at Acalanes, Campolindo and Miramonte. Look for a newspaper article in the June 10 addition of the *Lamorinda Weekly*. Thanks to **Marielle Boortz** for putting the article together.

Mary Ann McLeod, Co-Chair, Scholarship Committee

**Donors to Tech Trek,
 March 2019 - April 2020**

Laurie Bankhead
 Denise Burian
 Gail Chesler
 Chevron
 Jan Coe
 Jan Cushman
 Myrna Eyring
 Sandy Fox-Sohner
 June Howe
 Joanne Killam
 Michelle and Chris Kohr
 Nancy Kornfield
 Chris Laszcz-Davis
 Pat Lopker
 Normala Marcus
 Heidi Mayer
 McCaulou's
 Mary Mlynek
 Jenny Offringa
 Lucy Olson
 Judy Porta
 Salesforce
 Mary Stephens Smith
 Therese Tamaro
 Sandy Tan
 Janet Thibault
 Christine Walwyn
 Avon Wilson

OUR 2020 SCHOLARSHIP WINNERS



Kate Ye
 with Maryellen Judson



Lynn Wolfe
 with Mary Ann
 McLeod



Sophia Kofoed
 with Bonnie Fend



**Marielle Riesner-
 Hansson**
 with Gail Burnett

MEMBERS CORNER • **WHAT AAUW MEANS TO ME****PEGGY S. CABANISS**
Member since 1972

There are two stories to answer the question “What does AAUW mean to you?” My story, which spans 48 years, and my mother’s story, which is timeless.

When I was a new mother, 28 years old and expecting a second baby. I loved staying at home and being a mom, but there were times when I thought I would lose my mind, lacking intellectual stimulation. I was

invited to join the Orinda-Moraga-Lafayette branch of an organization called AAUW which had monthly meetings, weekly intellectual discussion groups, and a fun social interest group called Young Grads. My mind was saved. I started meeting women who would support and guide me through the next five decades of my life.

Three important things came out of my affiliation with our branch. The first was my joining one of the investment clubs and learning how to analyze stocks and take control of my personal finances. Little did I know this knowledge and experience would give me the foundation to join a CPA in Orinda and become one of the founders of an investment advisory and financial planning firm, HC Financial Advisors, Inc. Over the years, we grew from humble beginnings of 14 clients to serving 250+ clients, managing close to \$300M of client assets.

The second important result was the opportunity for leadership and the endless support I had from mentors within our branch. Many of us worked on endless political campaigns, from school board races to town council and county supervisor elections. We were encouraged by the Association as

well as our branch to support women and to run ourselves for elected official positions. I remember hesitating about running for the national board of my financial planning association (NAPFA). Gayle Uilkema said, “Of course you can do it, and you should!” She and many others provided the support and encouragement for me to run for the Moraga School Board, the NAPFA National Board, and national positions within AAUW—on their Investment, Finance, and national Board.

The third result has made the biggest difference in my life. That is the friendships I have made over the years. My best friends have been and will be AAUW members as we share the same visions and values with regard to supporting and promoting women.

And now my mother’s story: By the age of nineteen, my mom had lost both her parents, her brother was off in the army, and she only had funds to complete her freshman year in college. This was the 1930s. My mom was typical of women who were expected to get married, be supported by their husbands, and not work outside the home. Life didn’t turn out that way. She was divorced after 19 years of marriage, had to support three teenagers, and did not have the education necessary to secure a well-paying job. She survived, however, and taught me the importance of not only higher education but also financial security and independence for women.

When I look at AAUW’s mission statement (“gender equity for women”) and their strategic plan (Education and Training, Economic Security, Leadership), I see why AAUW has been so important to me over the decades and why I am still passionate about continuing to work on these issues for future generations of young women.

Peggy S. Cabaniss, an active OML board member in the 1970s-80s, accepted new branch positions after retiring in 2017. She was named OML Distinguished Woman 1983 and Named Gift Honoree 2018. She has served as branch V.P. of Finance, 2018-2020. She is on the Association’s National Board and Executive Committee, focusing on Investments and Finance.

MEMBERS CORNER is a new Triad feature.

How has AAUW impacted your life? What would you like to tell us?

Submit your story (350 words) to Lana Reichick: Lanasan@aol.com. **Subject: AAUW Members Corner.**

MAY ZOOM GENERAL MEETING TAKE AWAY and VALUABLE RESOURCES

How Do We Learn to Live With Ourselves? Some Practical Insights for Sheltering in Peace.



At our branch's second Zoom general meeting on May 19, OML member, **Mary Olowin** provided some helpful ideas for adapting to a new normal.

A practicing psychiatrist, she urged us to make a gratitude list and learn to let go of things we have no control over. In her half hour presentation, she advised us to

look for silver linings and have fewer expectations, noting that self care is different for each person. Most of all in this time of unprecedented crisis, we need to learn to appreciate and benefit from the generosity of our friends.

Here are some resources that Mary used in preparing today's talk as well as what friends use and have recommended to her.

- <https://psychiatry.ucsf.edu/coronavirus>
- <https://www.samhsa.gov/sites/default/files/tips-social-distancing-quarantine-isolation-031620.pdf>
- The youtube video on managing emotions in COVID19 time: https://www.youtube.com/watch?v=Mj9PcYbpF8U&list=PLWXu8EHZjBYoJixSpL_S5tV7XeUvA1JP4
- <https://healthy.kaiserpermanente.org/health-wellness/mental-health/tools-resources/digital> For Kaiser members there's an app for achieving a Calm state of mind and an app for accessing one's Strengths.
- The Daily Stoic podcast is centered on the stoic virtues of courage, justice, wisdom & temperance. In one podcast related to the pandemic Tim Ferris said that when he has rehearsed what might happen he has been more prepared to deal with the reality when it does happen. (He was talking about the drop in value of his stock.)
- Richard Rohr, OFM - a Franciscan, founder of the Center for Action and Contemplation. He offers daily meditations.
- In 2001 Pema Chodron, a Buddhist nun, wrote *The Places That Scare You: A Guide To Fearlessness In Difficult Times*. One chapter is entitled "When the Going Gets Rough." She suggests that we use obstacles as teachers.

There are many, many other great resources. If you'd like to share your favorites with her, Mary can be reached at mary@olowin.org.

AAUW NATIONAL NEWS

As AAUW works to deal with the financial effects of the coronavirus pandemic, we continue to address the mission of the organization – *equity for all*. Most nonprofit organizations are seeing reduced contributions from both individual donors as well as from corporations and grants. The challenge to AAUW will be to continue as many programs as possible if revenues decline.

Our work to achieve gender equity remains, despite the coronavirus and a challenging financial situation. Take a moment to visit the AAUW website, www.aauw.org, and look at the lists under **Explore the Issues, Get Empowered and Take Action**. There are sixteen issues listed – all of them relevant, timely, and still unresolved. There is definitely still work to be done! Many individual branches such as ours will address one or more of these issues. It is important to remember that AAUW National is trying to keep ALL of these issues in the forefront of our organization. Donations to **AAUW Greatest Needs Fund** help support most of the work on these issues.

CEO **Kim Churches** continues to show leadership, creativity, and resiliency in these times of social distancing by reaching out with webinars and a new "Convening Series". Take advantage of watching informative interviews with female leaders on topics ranging from "getting out the vote" to the story behind Phyllis Schlafly and her fight against the ERA.

As branch members, we have the opportunity to hear from national leaders more often and in closer contact (via video conferencing) than we did in past in-person venues. Amazing what a pandemic can do in terms of forcing us to find new solutions and act in new ways!

Peggy Cabaniss, VP, Finance

INTER BRANCH COUNCIL REPORT

A zoom meeting was held on May 26 for the nine AAUW branches that make up the Contra Costa Interbranch Council (IBC). It was determined that for the foreseeable future, meetings will continue by Zoom rather than in person. The meeting schedule for the fall was set for September 22, November 17, January 26, March 23, and May 25 at 7 pm. Any branch member who would like to attend is welcome to do so, just let Alison or Marielle know so you can be added to the Zoom link. For the September meeting, Peggy Cabiness will be on the agenda to speak about National AAUW issues.

Officers were elected for the 2020-2021 year. The Chair is Deborah Cummings of Delta Contra Costa (DCC), Vice-Chair is Cindy Alpert of San Ramon, Treasurer is Roberta Montgomery of West Contra Costa (WCC) and Secretary will be shared between Alison Mackenzie and Marielle Boortz of OML.

A major topic of the meeting was whether to change the branch rotation system with respect to planning the IBC Tech Trek social to have all nine branches take turns with the planning activity for the social. At the present time, only six branches participate. Both OML and DCC attend Stanford camps while the other branches attend Sonoma State so OML and DCC do their own socials. WCC does attend Sonoma but historically has done their own Tech Trek activities. Of the three branches not participating, OML had the strongest objection to being required to plan a party we would not be attending. At the final vote, it was agreed to leave the current rotation system in place among just the six branches. OML will not be required to be an unpaid party planner. The rotation assignments are in place through the 2022-2023 year, so this issue could come back again.

The branches shared what they are doing to honor their Tech Trek girls who had camp cancelled. Many branches did not finish the selection process so are honoring all of those who applied. For Benicia-Vallejo, which did complete selection, they are giving each girl \$100 for science related purchases. WCC is giving each girl \$25. Diane Coventry from Pleasant Hill Martinez branch is setting up a Facebook page for Sonoma Tech Trek girls to connect and to provide educational links. She will contact the Tech Trek coordinators of Sonoma branches to provide the names of Tech Trek girls.

It was also suggested that perhaps OML could give priority of enrollment in next year's STEM conference to the 2020 Tech Trek girls. Michelle Koski of Concord reported that Carondolet, where she works, is planning a STEM conference next spring and perhaps Tech Trek girls could be invited to attend.

Many branches also expressed concern about fundraising opportunities next fall. While Tech Trek money will be there from this year's unspent allocation, branches are concerned about fundraising for scholarships. Many branches do fundraising counting on local businesses for donations. But is this possible given that many local businesses are suffering? Little DCC branch with only eight members earned \$11,000 last year wrapping packages at the Antioch mall. They are concerned that the mall might be closed as it has lost major tenants and there is also the concern of how to wrap packages safely. All agreed fundraising will be a problem.

Alison Mackenzie, Co-President-Elect

2020-2021 OML BOARD POSITIONS

501(c)(4) Branch Operations officers ~ Elected Positions

Co-Presidents	Alison MacKenzie* and Marielle Boortz*
President-Elect	Vacant - no nominee
Secretary	Linda Bochte*
Finance VP	Peggy Cabaniss*
AAUW Fund Co-VPs	Diane Bell and Marilyn Evans*
Program VP	Chris Laszcz-Davis
Membership VP	Marie Bonilla

*Also 501(c)(3) Community Outreach officers

Appointed Officers for 2020/2021

Public Policy	Jan Coe and Connie Whitting
Tech Trek Chair	Jan Cushman
Scholarship	Mary Ann McLeod and Bonnie Fend
STEM Conference	Caroline Friedmann and Denise Burian
Comm. Projects	Janette Maher
Publicity	Lynda Leonard
Newsletter Ed.	Mary Leigh Miller
Website Coord.	Bonnie Gallogly

Non-voting Officers

Parliamentarian	Therese Tamaro
Advertising	Pat Lopker
Saint Mary's College Liaison	Laura Wittenberg
WorkSmart/StartSmart	Sara Lautenbach
Hospitality	Maryellen Judson
Directory and Overview	Mary Leigh Miller
Mem. Treasurer	Shelly Drasin
Mem. Database	Sheila Apte
Historian/Photographer	K. De Groot
Distinguished Woman Committee	Jan Cushman
May Luncheon	Marla Schroeder



MONTHLY ACTIVITIES

2019-20 AAUW OML SPONSORS/ ADVERTISERS
*AAUW members

EVENING SALON
Every Thursday in June
via Zoom • 7-9 pm

This is an open discussion group talking about cultural and social issues of the day. We have decided to meet every Thursday evening during this shelter-in-place period to share friendship as well as current topics. **Want to join in the conversation?** Contact **Denise Burian**, denburian@gmail.com to receive a Zoom invitation to the meeting.

ANYONE WHO HAS READ THE BOOK
Resuming on July 17
10 am • via ZOOM

We are working on getting a book list for the coming year and are inviting all OML members to send us suggestions as we start to plan future Zoom meetings. We thank **Judy Peak** for already contributing four titles! This book group is open to all members to participate when we Zoom online, not just the regular members of the monthly meetings.

Send your book title suggestions to **Jill Eberhard** (254-5589; jill@gemed.com) or **Marilyn Evans** (376-3484; marilynbevans@att.net).

Enjoy Doing Jigsaw Puzzles?

Pat Rudebusch tells us that Orinda Books has puzzles available for purchase and curbside pick up. Check out her website: www.orindabooks.com and call 925-254-7606 to order.

McCaulou's is also a great source for ordering puzzles online. Go to <https://mccaulous.com> and click on Puzzles in the lefthand column.

Missing GIG?
(Games Interest Group)

Here are a few more online game suggestions provided by Janette Maher.

Loaded Questions (4-6 players) 880 questions designed to make you really think. Players text their response to the player asking the question, who reads questions out loud, then players try to match the response to the player.

Ticket to Ride One person buys the app \$6.99 and then everyone is linked to play virtually.

Psyche (free app) This game challenges players to come up with fake answers to real trivia questions. Players try to select actual answer.

BIKE RIDING GROUP
Last Friday of each month
9:30 am
Location varies each time

Come join the Cycling Gals for some outdoor fun, easy social distancing, companionship, and great exercise!

We ride the local trails like the Contra Costa Canal and Iron Horse trails, and occasionally venture onto Bay Farm Island and the Bayshore Trails. All are level, and done at a leisurely pace, taking about two hours, covering 8-10 miles on the last Friday of each month. Our next ride will be June 26.

This eight-year old group welcomes new riders! Call or email Ellen Beans, Diane Bell, or Jan Cushman with questions and to get on the group email list.

LAFAYETTE

- Alex Rose Interior Design
- Asian Accents – Original Designs in Jewelry by K. de Groot*
- Bistro Burger & Grill
- Creative Alterations – Josef Jamkochain
- DIABLO FOODS
- The Image Studio – Marjory DeRoeck & Carolyn Woodworth, Consultants
- Persons Plastic & Reconstructive Surgery – Barbara Persons, MD FACS
- TECH HELP Consulting – Steve Hall
- The Service Outlet – Marc Harvey
- The UPS Store
- Ware Designs – Fine Jewelry

MORAGA

- AAAAA Rent-A-Space
- National Assoc. for Advancement of Female People – Diane Bell*
- Neighborhood Computers
- New Delhi Indian Bistro
- Royal Siam Thai Cuisine
- Town Bakery and Cafe
- The UPS Store
- ViaVienté – Lana Reichick*

ORINDA

- Angie Evans Traxinger & Joan Evans* – Village Associates Real Estate
- Casa Orinda
- Meadow View Winery
- Shelby's Restaurant
- Soraya Golesorkhi*, Realtor – Coldwell Banker
- Todd Bunch, Lamorinda's Handyman
- The UPS Store

WALNUT CREEK & Beyond

- Bay Alarm Company
- Goodwill Industries of the Greater East Bay
- Hearing Science of Walnut Creek
- Herbs & Spices Catering, Alameda – Wendy Shay
- Milner's Jewelers, Countrywood Shopping Center, Pleasant Hill
- The Service Outlet – Marc Harvey, San Ramon

Please refer to the membership directory for complete advertising information.

**JUNE 2020
AT A GLANCE**

1 MON – CRITICS CHOICE BOOK GROUP
Pass along your books.

5 FRI – INTERNATIONAL TRAVEL GROUP
7 pm – via the Zoom app.
Enjoy a travel quiz.
Please note the change to Friday, this month only.

7, 14, 21, 28 THUR – EVENING SALON
7 pm – Via the Zoom app.
Contact Denise Burian if you want to be included.
Read more on page 9.

8, 22 MON – GOLF GROUP
Contact Jan Gee for time and venue, jgee17@yahoo.com.
The golf courses have reopened! Contact Jan if you are interested in joining the group.

9 TUE – IN/OUT BOARD MEETING
1 pm – Via the Zoom app
Contact Denise Burian to be included.

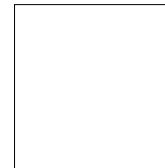
ANYONE WHO HAS READ THE BOOK
10 am – Via the Zoom app
This group will continue in July via Zoom.

19 FRI – LETS GO TO THE MOVIES
Contact Mary Leigh Miller, mlmiller602@gmail.com.

23 TUE – GENERAL MEETING
9:30 am – Via the Zoom app
Speaker to be announced
Look for an e-blast prior to the meeting day with a link to join the meeting.

26 FRI – BIKE RINDING GROUP
Contact Ellen Beans, ellen.beans@gmail.com.
This is a great way to get some exercise and keep your social distancing! Read more on page 7.

AAUW-OML
Database Coord.
52 Wandel Drive
Moraga, CA 94556



**JULY 2020
AT A GLANCE**

24 FRI – DEADLINE for AUGUST TRIAD
Send all articles to Mary Leigh Miller, 631-9694
mlmiller602gmail.com.

Many Special Interest Groups are currently on hold but some are continuing via Zoom.

Check with SIG coodinators to see if your group is “Zoom-active.”

**Our ADVERTISERS
can use your SUPPORT**

Although some of the businesses advertising in our directory are temporarily closed, many restaurants and food purveyors have been able to stay open by providing take-out orders. *We hope you are taking advantage of this service.*

Please go to the OML website for the complete list and contact information.



SHEBY RESTAURANT | CATERING

2 Theater Square • Suite 152 • Orinda
925-254-9687 • shelbysorinda@sbcglobal.net
www.shelbyseatbetter.com