

OCTOBER 17 PUBLIC POLICY MEETING

**Book Banning, Censorship and
Curriculum Interference Here in California?**

AAUW CALIFORNIA LAUNCHES **THE SCHOOL BOARD PROJECT**

AAUW California is taking a stand against the trend of book banning and curricula censorship that has landed on our local schools' doorsteps by launching a statewide "School Board Project."

LAURINDA OCHOA,

A School Board Project committee member and AAUW-Danville, Alamo, Walnut Creek Branch Public Policy Chair, will be our guest speaker. She will provide additional information about the School Board Project and will be joined by members of our community who will share activities that are currently underway in our local area to counteract groups propagating this book-banning effort.

All members including guests are invited to this general meeting at the Orinda Community Church starting at 9:30 am.

Turn to page 3 for more information.

Mark your calendars!

TUESDAY NOVEMBER 14 (second Tuesday) AAUW FUND PROGRAM

For the 2023-24 year, AAUW will be providing more than \$6 million in funding to 285 fellows and grantees. These exceptional recipients will pursue academic work and lead innovative community projects to empower women and girls.

Come join us on Tuesday, November 14 for our general meeting which will feature one of AAUW's past fellows. We will learn about her research that was made possible by the AAUW award and the impact that grant has made on her life.

Our program will also include information about the AAUW Fund, the 2022-23 grants made to over 300 young women from around the world, and other programs within AAUW funded by the Greatest Needs Fund. To find out more about other recipients, go to the AAUW California website and register to listen to the webinars on their research projects to empower women and girls.

**Peggy S. Cabaniss,
AAUW Fund Chair**

~ THREE EXCITING BRANCH EVENTS ~ that you need to know about!

• **SHRED PAPERS
ONSITE at 5-A**
Saturday, October 14

• **A TASTE of WALNUT CREEK
RESTAURANT WALK**
Tuesday, October 17

• **SHOPPING for the CAUSE
FASHION SHOW at
HARPER GREER**
Thursday, October 26
benefiting **SCHOLARSHIP**

both benefiting **TECH TREK**



Turn to page 4 for more information.

... PRESIDENT'S MESSAGE



I love September and October. When I was a child, going to school was (mostly) an adventure. What could I tell Mom and Dad when they asked – who did I play with – who shared in my learning activities? As a teacher or a student, the end of summer was about new beginnings. Was it to be French or Latin in ninth grade? There was a typing class that ended up being *so valuable* in my future activities. What kind of environmental engineering was I going to get that next degree in? Even during all the years of working at real jobs, the fall season has been about new beginnings – and about renewing my resolve to make a difference – and maybe continuing to have more fun – Hey, can't I have both?

And WE can have both. At our Showcase meeting Sept 19, we saw and heard from Interest Groups that sounded like fine, fun things to do. We saw branch, state and national priorities that matter and make AAUW the force for good that it is. What will *you* do? Choose some things to do. It will matter, ultimately, and I suspect you'll be glad you did them. The months to come as an AAUW OML branch member hold exciting "stuff!" We encourage you to attend October's meeting focusing on what's happening at school board meetings and happening or not happening in classrooms. Many of us were teachers, all of us were students. Some of what you'll hear will enrage you – or encourage you to act. Some of it will make you proud to belong to AAUW – because of our actions.

In November, I look forward to two things. First, we'll be hearing from an AAUW "fellow" – a woman for whom AAUW National has provided funds to enable them to stay in school at all or for a few more months to finish that thesis or dissertation. I bet all of you know that AAUW provided encouragement to Marie Curie back in 1920 when she needed \$100,000 to purchase a gram of radium for her continuing research. BTW, we raised more than \$150,000 – such was the spirit of the donors. I look forward to learning about the other activities of our National AAUW too. That part is a Peggy Cabaniss show and I want to see it.

December brings our now-being-planned-for and exciting event at the Fun(d)raiser. It all sounds great! (read more elsewhere in the Triad). And there's also real branch maintenance work to be done. The nominating committee will be looking for willing souls to support the infrastructure of the branch that supports and allows all of our interest groups and project priorities. These are fun and necessary, too. Consider one of the branch offices for investing your valuable time. And we need to take a new look at our Strategic Plan this month so that we keep our focus on the important work we need to do.

Anyone have a new email address or phone number change or deletion? Please let me know at GailChesler@gmail.com before October 6 for this year's directory. I'll let Marie Bonilla (our database coordinator) know that all that I receive will be forwarded to her for the database.

Come on and play with me (grin).

Gail Chesler, President

BOARD MEETING
HIGHLIGHTS
September 12, 2023

Laura Monin announced new AAUW Public Policy Priorities for 2023-2025: Equal access to quality public education for all students, Increased representation of women in leadership roles, Economic security for all women, Social and racial justice for all members of society.

Along with our Mingle and Jingle Fund-raiser on Sunday, December 3 from 5 to 8 pm at the Moraga Art Gallery, we are planning to have Santa Claus from 1 to 3 pm for a photo op with children.

A small committee has been formed to review the branch's strategic plan.

Scholarship reports that the athletic shoe program is doing well. Don't forget to donate your old sneakers to a good cause.

There will be a Fashion Show at Harper Greer on October 26 from 4 to 7 pm. Come for an enjoyable afternoon with friends and a discount on new holiday fashions.

Tech Trek will hold a Shred Fest on October 14 – a great way to get rid of all your old documents!

Don't forget the Restaurant Walk in Walnut Creek. Seventeen restaurants are participating. Tickets are available from Jan Cushman.

Interest Group Chairs: Don't forget to send your meeting information to Bonnie Gallogly for the website.

Barbara Bell, Secretary



**FOCUS ON ... BOOK BANNING,
CENSORSHIP and
CURRICULUM INTERFERENCE
The AAUW-CA School Board Project**

The effort to ban books is now at our doorstep - in San Ramon, San Luis Obispo, Temecula, Glendale and other California cities.

We have all heard about the efforts to ban books and censor educational curriculum in some areas of the country. As of December, 2022, 21 states and 66 school districts have banned books. A whopping 874 unique titles have been banned. We hear about what is happening in Florida and Texas, but the effort to ban books is now at our doorstep. The groups that want to ban books are taking their fight to local school boards, with their goal of choosing and running candidates for election who will approve the banning of books and will work to change the curriculum to teach their version of history, which excludes a historically accurate and factual account of our country's past.

The introduction to the AAUW Public Policy Priorities states: "AAUW believes that high-quality public education is the foundation of a democratic society and the key to improving economic prosperity and gender equality ... We support academic freedom, civic education, protection from censorship, [and] bias-free education ..."

The School Board Project

To address this, the board of directors of AAUW-CA approved an initiative of the State Public Policy Committee called the **School Board Project**. This is an initiative to educate AAUW members on actions branches (and individual members) can take to ensure that our local school boards protect against censorship in the classroom and libraries.

In advance of Tuesday's meeting, you can watch the full 90 minute webinar by AAUW-CA Public Policy Committee that explains the project in detail at the AAUW-CA website by [clicking here](#).

Please come to this important meeting with questions. We are looking forward to a dynamic, timely, and action-oriented discussion following the presentation.

Laura Monin
Co-Chair, Public Policy

MINGLE and JINGLE FUN(!)DRAISER
Sunday, December 3, 2023
Moraga Art Gallery
5 - 7:30 pm • \$75 per person

This is our annual fundraiser which will benefit all of OML's community outreach projects.

There is a great article in the August Triad about why we need to raise money and in the September Triad with more information about the event. We encourage you to read those articles.

Our budget was just approved at our September membership meeting which spells out what our financial need is to accomplish our activities for the year - STEM Conference, sending seven girls to Tech Trek, giving scholarships to a very deserving high school senior and Saint Mary's College women who are leaders among first generation High Potential students, support for Burckhalter library, and for the DEI committee for transportation needs to help girls from under-served communities attend our STEM Conference. Suffice it to say we need a total of \$48,000 to fund all of our planned activities this year.

Tickets are \$75 (\$50 counts as a charitable contribution) and are available to AAUW-OML members as well as members of the community. We encourage you to invite your spouse, partner, friends, siblings, and grown children as this is an opportunity to come together, celebrate, and share what AAUW-OML is all about. In addition to featuring our community outreach efforts, we will have a raffle and there will be both a silent and live auction.

Beyond your attendance, you can help support the Holiday Fund(d)raising committee – and in turn our branch – with the donation of items for either the silent or live auction. Each community outreach project committee will be putting together an auction item of significant value. But we need more so if you can donate wine, family experiences (e.g. a week away in a popular location at a home you or a family may have access to; sailing on the SF Bay; tickets to sporting events), and/or gift certificates to local restaurants or shops that you have in your possession are just a few examples of the types of goods we're looking for. We actually make a significant portion of our proceeds from the raffles and auction items.

Reach out to Laura Wittenberg, laura.wittenberg.mft@gmail.com if you have something to contribute. It is for a great cause. And there is nothing like contributing to a cause you believe in to get you in the holiday spirit. *Thank you so much for your support.*

Denise Burian, Fundraising Committee Member

THIS MONTH ~ THREE IMPORTANT OML FUNDRAISERS

**TUESDAY,
OCTOBER 17
5:30~8:30 pm**

Stroll in downtown
Walnut Creek to
sample food from
21 restaurants.

If you want to meet
up to walk, join us at
5 Tacos and Beers,
1352 Locust Street,
at 5:45 pm.

**Tickets are \$36 and
must be purchased
by October 9.**

Cash or check made
out to AAUW-OML
Community
Outreach Fund.

Contact Jan Cushman,
jancushman@comcast.net
to arrange tickets.

a taste of.
Since 1997
WALNUT CREEK

1 5 Tacos & Beers	Chicken Taco
2 Boba Studio	Tea & Boba
3 Broderick Roadhouse	Buffalo Chicken Sliders
4 Extreme Pizza	Beer & Wings
5 Gott's Roadside	Impossible Nuggets with Ranch
6 The Library Social Club	Mascarpone Toast & Flatbreads
7 Lita	Ceviche on a Plantain Chip
8 The Little Pear	Smoked Chicken Salad on Baguette
9 Montesacro	Pizza
10 Nick the Greek	Mini Gyro Bowl
11 Pacific Catch	Abi Tuna Poke
12 San Francisco Creamery Co.	Jr. Ice Cream Scoop
13 Shake Shack	Frozen Custard Scoop with Topping
14 Silk Road	Pomegranate Chicken, Hummus, & Bread
15 Skipolmi's Pizza	Slice of Pizza
16 Slice House	Slice of Pizza & Meatball
17 Taqueria Extra	Chicken Flautas
18 Tomatina	Rigatoni Tomato Cream, Meatball, & Bruschetta
19 Tarsap Thai Kitchen	Thai Fried Rice with Chicken
20 Walnut Creek Yacht Club	Seafood Canapé
21 World Famous Hotboys	Fried Chicken with Southern Sides

JOIN 5A & AAUW

AT OUR ANNUAL SHRED DAY TO SUPPORT
AAUW'S TECH TREK SCIENCE CAMP FOR GIRLS

SHRED PAPERS ON SITE

SATURDAY OCT 14TH

9:00 AM - 12:00 PM

SHRED PAPERS ON SITE

at 5A Rent-a-Space

455 Moraga Road • Moraga

\$10 per file box • Keep your boxes.

Rain or Shine

Mark your calendars every year:

SHRED DAY at 5A

Always on the 2nd Saturday in October

FOR MORE INFO: 925-631-7000

OR VISIT

WWW.5ASPACE.COM | [HTTPS://OML-CA.AAUW.NET/TECH-TREK/](https://OML-CA.AAUW.NET/TECH-TREK/)



FASHION SHOW

**Thursday, October 26
4-7 pm**

HARPER GREER

979 Moraga Road
(La Fiesta Square)
Lafayette

Info@harpergreer.com
925 298-5468

*We appreciate our partnership with owners
Terry and John Kiskaddon*

HARPER GREER

AAUW
empowering women since 1881
ORINDA - MORAGA - LAFAYETTE
BRANCH

Let the
\$hopping
Begin!

**Shopping for the Cause!
Support AAUW Scholarships!**

- Listen to live music.
- Enjoy a glass of wine.
- View the latest holiday fashions.
- Ask our AAUW models about the outfits they are wearing.
- Visit with friends and SHOP!
- 10 percent of proceeds go to our local scholarships.

NOTE: You may also make purchases from
October 22-29. *Be sure to mention AAUW!*

SCHOLARSHIP ~ FOCUS ON OUR AWARDEES

Each month we profile one of our student awardees. Each young woman is actively engaged in her community and striving to learn about the problems and possibilities in our society.



Tess Gundacker
Acalanes High School
Fordham University

As a member of the Acalanes Publicity Board Tess observed that the school communications information favored certain activities and ignored others. When she became Associated Student Body Public Relations Officer, she emphasized equal coverage and highlighted many underrepresented groups across campus. Tess was determined to lift

others up and bring them along in her quest to unite the Acalanes Community. In this role she spoke with students, teachers, parents, and community members and conveyed her message during governing meetings. Tess believed her role was to establish a school community that represented and included all students. She told me, "I plan to major in communications, focusing on human and personal connections. I want to unpack how humans communicate and hopefully use these skills to advance my own service work."

As a member of the National Charity League Tess also cooked and served food at the Bay Area Rescue Mission and helped furnish local apartments for unhoused people. During Covid she assisted senior citizens in Lamorinda Village by helping with tasks, grocery shopping and cooking meals. She says, "My biggest take away (from volunteering) has been my respect for people trying to escape difficult situations and for the key players within these organizations that dedicate their lives to helping those in need. This inspiration has factored into my life goals."

Mary Ann McLeod and Bonnie Fend,
Co-Chairs, Scholarship Committee

Let the
shopping
Begin!

Shopping for the Cause! Support AAUW Scholarships!



Join the scholarship committee on Thursday, October 26th from 4-7 pm at **Harper Greer** (979 Moraga Rd, La Fiesta Sq., Lafayette) for a holiday fashion show. Find that perfect outfit to wear to the December branch fundraiser. As you listen to live Jazz music and enjoy a glass a wine, wander through the store viewing the latest holiday fashions. Visit with friends and be sure to ask our AAUW models about the outfits they are wearing! Terry and John Kiskaddon, owners of Harper Greer are partnering with AAUW to offer shopping days that will support our local scholarships. Shopping days are October 22 through 29. Be sure to mention AAUW and scholarship will earn 10% of the profits of the sale.



SNEAKERS UPDATE



With your help, we can keep sneakers out of landfills, reduce toxic chemicals in our air and soil, and raise money to support

our local scholarship Bring the sneakers to our in person monthly meetings. Look for our sign, drop them off and we will take care of the rest! Look for our barrels in the following locations.

- Lafayette Veterans Memorial Building
- Lafayette Oakwood Gym
- Lafayette Community Center by the Pickle Ball Court
- Orinda Community Center by the tennis courts
- Moraga 24 Hour Fitness

BURCKHALTER REPORT

After a four week delay due to internet problems, we are back in the library! We had four new classes added to the school. These young preschoolers and transitional kindergartens are learning about the wonders of reading and it is a pleasure to read to them and see their eyes light up.

Welcome to our new volunteers, **Bonnie Fend, Pam Docherty, Denise Burian** and **Maryellen Judson**.

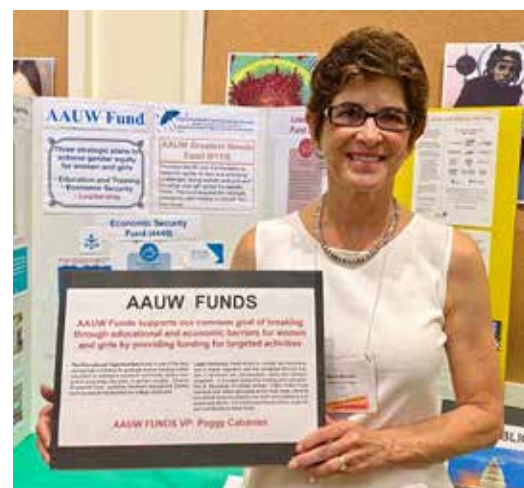
Janette Maher,
Chair, Burckhalter



~ SEPTEMBER SHOWCASE PHOTO HIGHLIGHTS ~



Our kick-off Showcase meeting was well attended! We started off with breakfast on the patio and listened inside as Teli Thayer told us about *Girls Crushing It*, a great entrepreneurial program for middle and high school girls.



There was also plenty of opportunity to sign up for special interest activities and learn more about our important branch priorities. A special thank you to members who provided all the tasty baked goods and to Bonnie Fend for providing the table decorations!

Photos by K. deGroot

~ OML'S CONNECTION with SAINT MARY'S COLLEGE ~

The visibility of AAUW-OML in the Lamorinda Community and at Saint Mary's continues to grow through the partnerships our members foster with the Scholarship, Tech Trek and STEM committee chairs.

As Liaison of AAUW's College and University Partnership with Saint Mary's College of California it is my responsibility to work with our priority committees to foster and deepen relationships with the college faculty. My work has involved meeting with department heads to uncover possible opportunities for AAUW-OML to promote our branch programs, to recruit volunteers for the STEM Conference, and to find and support the First Generation, High-Potential women and student leaders at Saint Mary's in their efforts to advocate for the underserved through campus projects and in their communities.

For example, six of our recent scholarship recipients have actively participated in promoting OML's presence on campus. We have found student volunteers for the STEM Conference

(as workshop assistants and as monitors, panelists for the Parent Program, and one as an intern for the committee). We have supported their Gael Women in Business Club president in planning a workshop on Confidence vs. Competence for women students, including recruiting a speaker and developed a marketing plan for recruiting applicants for our scholarships.

I have developed long term relationships with these women student leaders by supporting their work in their communities and beyond. **La Reina Torres** was a recipient of one of our 2023 scholarships. After meeting with her this fall to brainstorm how we might support her as she works to raise awareness of the need for eligible individuals to register as a Bone Marrow donor, I asked that she share with our membership her personal story both on campus, in her community outreach, and with AAUW regarding the urgent need for donors to save lives.

Laura Wittenberg,
Saint Mary's College Liaison



My name is LaReina Torres and I am in my third year at Saint Mary's College of California pursuing a double major in History and Chemistry. I am working to achieve a career as a trauma surgeon because my Majors have given me a unique perspective on Healthcare. Scientific advancement can only do so much to fix the system in place but the underlying causes of those systematic issues come from how people were treated historically.

I first heard about AAUW when I applied for their Tech Trek program in the seventh grade. It was all inspiring to see so many young girls excited about fields of science people wouldn't associate with these girls. I became very good friends with two girls, one who wanted to pursue forensics and another physics. Later through the high potential program at college, I was awarded a college scholarship through the Orinda-Moraga-Lafayette AAUW Branch. I was awarded the scholarship for not only my academic achievements but also for the amount of time I have dedicated to helping others.

I've spent the last seven years volunteering at Valley Children's Hospital as a patient pal, cuddler, and throughout the pandemic. It is my second year of volunteering and now working as National Student Leadership Board Intern for *Be The Match*, which is a non-profit organization that helps get people signed up for

the National Bone Marrow Registry. They work to educate people about the process, and the racial disparity for matches, and fundraise to pay the cost of the donor's procedure, and the cost of the matching process. Their cause is near and dear to my heart because it emphasizes those disparities in healthcare we often overlook. In the United States of America, a person with Caucasian HLA markers has a 70 percent chance of finding a match on the registry but a person with African American HLA markers only has a 26 percent chance of finding a match. I work to educate people on why it is important to understand what these organizations are trying to say even if admittedly the words bone marrow donation can appear quite scary.

It is important to understand why it is necessary for people to join the registry and be a match for someone else since a bone marrow donation can cure up to 77 different cancers and several other diseases. For me, it was easy to do more than just sign up for the registry but to donate my time because I truly believe in not only giving back but in being the change you want to see in the world. I can't expect someone else to carry the weight of the world when it comes to fixing it if I'm not willing to do a little heavy lifting myself.

At the right is a QR code to learn more or order a swab kit to join the national bone marrow registry. Text to join 61474 Gaels or the QR code



GETTING READY FOR STEM!



Welcome to the STEM Conference 2024

This past Tuesday, 10 members of the STEM committee met at Oakwood Athletic Club to begin the planning for our eighth conference at Saint Mary's College of Moraga. Thanks to the efforts of Renee Rosado, Barbara Bell, Stacia Cragholm, and Karen Cresci, Saint Mary's College event planner, we succeeded in completing the contracts for the March 10 training and the March 16 conference. Certificates of insurance have been secured and the first payment has been made. We acknowledged receiving a \$5,000 donation from the Moraga Kiwanis.

The first order of business was to select our next meeting dates. We will meet Wednesdays at 1 pm on October 18, November 15, December 6, and January 3, 2024. Members are welcome to join us at the Oakwood Athletic Club, which has generously given us a meeting room.

We are focused on selecting a keynote speaker. Sandra Fox-Sohner is chairing this team. Anyone with suggestions of a dynamic speaker please contact her.

We are looking forward to the December 3 fundraiser.

Sharon Doi is sending out a save the date memo to the parents of the 2023 attendees. Registration will open January 29 and close on February 29, 2024. Yes, this is a leap year, so we have an extra day to plan. The DEI committee has offered to help recruit from underserved communities. Everyone is focused and hoping to have 200 sixth through eighth grade girls and 15 workshops.



Mark your calendars for March 16, 2024 for the eighth AAUW-OML STEM Conference.

OML BOARD OF DIRECTORS ~ 2023-24

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Town Bakery and Cafe
The UPS Store
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– Coldwell Banker Realty

WALNUT CREEK & Beyond

Bay Alarm Company
Goliath Water Heater & Plumbing
East Bay – Jayme Perez
Milner's Jewelers – Countrywood Shopping Center, Pleasant Hill

Our ADVERTISERS would love your SUPPORT. Tell them you saw their ad in our Directory!

The new Directory will be available at our October meeting.



SPECIAL INTEREST ACTIVITIES

**MUSEUM MAVENS AND
GORGEOUS GARDENS****Friday, October 27 • 8 pm****Soda Center, Saint Mary's College**

Join us for a Day of the Dead Mexican Dance Concert. Cost: \$5-\$10. Meet for dinner before the concert at Amoroma in Moraga. Please contact Marjorie Singler, singlermarjorie@gmail.com by October 15 if you are interested.

Friday, November 3**Eugene O'Neill Tao House Tour**

Meet at the Railroad Museum at 205 Railroad Avenue in Danville at 9:45 am. to be shuttled in a van for the guided tour of the home. Lunch to follow at Bridges Restaurant. Please contact TrudyLBarron@gmail.com by October 26 if you are interested in joining us

DEI – BLM ALLIES GROUP**Monday, October 2****(First Monday this month only)****Via Zoom • 3-4:15 pm**

The DEI/BLM group's next meeting is Monday, October 2 via Zoom. We are choosing our next book at this meeting, and finalizing our strategic plan for DEI in 2023-2024. DEI is open to all interested members. Contact Denise for more information. Contact Denise Burian, denburian@gmail.com, to be included.

BIKE RIDING GROUP**Last Thursday of the Month**

Our group bicycles on the last Thursday morning of each month. We ride on trails (not on streets). Please contact Diane Bell, dianelouise2020@yahoo.com. for information about this month's ride.

BOCCE BALL**1st & 3rd Mondays****Moraga Commons • 10 am**

We meet for casual play at the Moraga Commons. Contact Mary Leigh Miller at mlmiller602@gmail.com to join the group.

GREAT DECISIONS**Wednesday, October 4****Via Zoom • 10 am**

Great Decisions, 2023 - 2024 will meet to discuss logistics for next year. Please send \$35 to Judy Helder by October 18 if you want to be part of this monthly discussion group for the coming year. Contact Judy at: judyhelder@gmail.com.

**ANYONE WHO HAS READ
THE BOOK****Friday, October 20 • 10 am****Orinda Bookstore**

Book to discuss: *This Is Happiness*, by Niall Williams. The story of Noel Crowe, a 17 year old living with his grandparents and Christy, a man who arrives in the rural Irish community to introduce the long awaited electricity and his long lost love. Named "book of the year" by the Washington Post. Contact Mary Mlynek for more information, ml_mlynek@yahoo.com.

EVENING SALON**Thursday, October 12 • 7 pm****At Marilyn Evans' home**

All members are welcome for appetizers and wine in an open and casual environment to discuss issues of the day – social, cultural, important news stories. We also meet by Zoom on the fourth Thursday, October 26 at 7 pm. Contact Denise Burian at denburian@gmail.com for more information.

**HIKING EAST BAY
REGIONAL PARKS****Saturday, October 14 & 28**

Saturday, October 14 – a ranger-led hike at Sibley, three and a half miles in a loop. Saturday, October 28 – Rancho Laguna in Moraga. For both hikes: meet behind the Canyon Brewery at 9 am. Contact the hike leaders for more information:

Marilyn Evans 925-376-3484

Ellen Beans 925-878-8314

*Join our newest Special Interest Group***FINANCIALLY SAVVY LADIES****Friday, October 20 • 1-3 pm****at Peggy Cabaniss's home****743 Crossbrook Drive, Moraga**

We plan on meeting every two months at Peggy Cabaniss's home and discussing the following topics throughout the year:

- Understanding the details of my **Net Worth** – what accounts do I have, where are they held, what is their value, how are they invested, how are they titled, where do they go per my estate plans?

- Understanding my **Cash Flow** for the year – what money comes in, what money goes out, am I spending too much?, could I spend more?, what plans do I have for gifting/donations/vacations/health, how can I make a "quick budget" each year?

- Understanding my **Investments** – what are the basics of investing, how much do I really need to know and understand, finding trusted advisors to help manage my money.

- Reviewing and understanding my **estate plans** – my will, my trust, my health care directives, my general power of attorney for business transactions

- Sharing and discussing my **Estate Plans with my Family** – does my family know how my estate will be divided when I pass, how to have a family meeting, pros and cons of sharing the details with family members

- Needing help with **My Finances** – what are some signs that I might need help handling my finances, who are the professional team members that work with me on my finances, who could help me if I needed assistance due to health/mental issues?

- Financial **Red Flags** that tend to affect seniors and in particular, women? Scams, needy relatives, home care workers, online activity, fraud.

For more information or to join this group, please call or email **Peggy Cabaniss** at pcabaniss7@gmail.com or 925-708-5178.

**OCTOBER 2023
AT A GLANCE**

1 SUN - CRITIC CHOICE BOOK GROUP

Pick up your first book at the home of Ruth Joseph

2, 16 MON – BOCCE BALL

10 am – Moraga Commons *Read more on page 9.*

2 MON – DEI-BLM Allies Group

3 pm – Via Zoom

Read more on page 9.

4 WED – GREAT DECISIONS

Planning for Next Year

10 am – Via Zoom *Read more on page 9*

5 THU – SCHOLARSHIP COMMITTEE MEETING

1:30 pm – Home of Mary Ann McLeod

7, 21 SAT – FUNDRAISING COMMITTEE MEETING

1 pm – Laura Wittenberg's home.

9, 23 MON – GOLF GROUP

Contact Jan Gee for time and venue, jgee17@yahoo.com.

10 TUE – BOARD MEETING

1 pm – Via Zoom

12 THUR – EVENING SALON

7 pm – Marilyn Evans' home

Read more on page 9.

14, 28 SAT – REGIONAL PARK HIKES

9 am – Meet at Canyon Brewery parking lot.

Read more on page 9.

14 SAT – SHRED DAY

Annual Fundraiser for Tech Trek

9 am - Noon – 5-A Rent-A-Space, Moraga

Read more on page 4.

17 TUE – GENERAL MEETING

PUBLIC POLICY ~ Book Banning and Censorship

9:30 am – Orinda Community Church

17 TUE – A TASTE of WALNUT CREEK

RESTAURANT WALK FUNDRAISER

5:30-8:30 pm – Downtown Walnut Cree

Read more on page 4.

18 WED – STEM COMMITTEE MEETING

1 pm – Oakwood Athletic Club

Read more on page 8.

AAUW-OML
Database Coord.
3537 Springhill Rd.
Lafayette, CA 94549

18 WED – MEMOIRS & MUSINGS

1 pm – Via Zoom

Contact Carol Messinger.

20 FRI – ANYONE WHO HAS READ THE BOOK

10 am – Orinda Books *Read more on page 9.*

20 FRI – FINANCIALLY SAVVY WOMEN

1 pm – Peggy Cabaniss's home *Read more on page 9.*

24 TUE – DEADLINE for NOVEMBER TRIAD

Send all articles to Mary Leigh Miller, 925 360-4443
mlmiller602@gmail.com.

26 THURS – BIKE RIDING GROUP

9:30 am – Meeting place TBA

Contact Diane Bell, dianelouise2020@yahoo.com.

26 THU – FASHION SHOW FUNDRAISER

4-7 pm – Harper Greer, Lafayette

Read more on pages 4 and 5

27 FRI – MUSEUM MAVENS & GORGEOUS GARDENS

8 pm – Soda Center, Saint Mary's College

Day of the Dead Mexican Dance Concert.

Read more on page 9.

NOVEMBER 2023

Look for more information in the November Triad

7 TUE – BOARD MEETING

1 pm – Orinda Community Church

14 TUE – GENERAL MEETING

AAUW FUND PROGRAM

9:30 am – Orinda Community Church